

U.K. British Championships Final Results
Royal Concert Hall, Nottingham, 14th October 2007

Juniors							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
1	Daniel Pearce (NE)	Workout	Hull	30	30	-	
2	Luke Macheta (SE)	Pinks Gym	Carlshalton	20	25	19	5th
3	Lewis Breed (M)	Core Fitness	Plymouth	24	22	-	
4	Geraint Baldwin (W)	Fitness First	Cardiff	16	16	14	2nd
5	Chad Smith (EoE)	Lockingham Triangle	Corby	30	30	-	
6	Frenchy Mazza (SE)	Lloyds Gym	Sheffield	30	30	-	
7	Mohammad Hashemian	Body Limits	St. Albans	29	27	-	
8	Nathan De'asha (CI)	Training Station	Liverpool	5	5	5	1st
9	Hasam Azizi (SoT)	Sugar's Gym	Leicester	20	19	18	3rd
10	Josh Shipway (W)	Keepers Fit	Abergavenay	21	22	24	4th
First Timers							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
16	Chris Bajak (SoT)	Gym One	Luton	12	14	13	2nd
17	James Cockburn (M)	Fitness Factory	Stourbridge	30	30	-	
18	Dean Esterhuizen (SC)	Soho Gym	London	27	27	25	5th
19	Simon Ackroyd (WM)	G's Gym	Mackersfield	17	18	16	4th
20	John McKeating (S)	Bathgate Sport Club	Bathgate	30	30	-	
21	Carl Ruston (NE)	Fusion	Leeds	29	29	-	
22	Malc Taylor (EoE)	Extreme Gym	Leicester	30	30	-	
23	Mark Andrews (W)	Geoff's Gym	Bridgend	30	30	-	
24	Mario Milas (M)	Ironworks	Birmingham	30	30	-	
25	Jaun Arler (SE)	Muscle works	London	15	14	16	3rd
26	Shaun Tavenier (SE)	Genesis Gym	Wembley	5	5	5	1st
Intermediates up to 80 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
36	Michael Smith (NW)	Jays Gym	Bolton	6	6	8	1st
37	Michael Lutman (WM)	G's Gym	Macclesfield	22	24	21	4th
38	Neal Evans (W)	Peak Physique	Cardiff	29	27	-	
39	Steven Taylor (NE)	LA Fitness	Lincoln	30	30	-	
40	Mat Godfrey (M)	Energise	Malvern	24	24	23	5th
41	Mark Owen (W)	Fitness Studio	Swansea	13	11	16	2nd
42	Billy Todd (NW)	Morgan's Powerhouse	Gateshead	30	30	-	
43	Scott Harris (M)	Temple Gym	Birmingham	30	30	-	
44	Evrol Copeland	Metroflex Gym	Sydenham	14	15	12	3rd

Intermediates over 80 kg

No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
50	Mark Parsley (WM)	Mike Katz Gym	Wigan	23	23	22	4th
51	Dan Jamaa (SE)	Genesis & Gold's	Park Royal	10	10	11	2nd
52	Simon Holmes (SoT)	Pro Flex	Chesterfield	30	30	-	
53	Karl Coley	Emporium Gym	Birmingham	30	30	-	
54	Mathew Keen (SC)	Foundation	Sandhurst	30	30	-	
55	Richard Scott (EoE)	Iron Worx Gym	Swindon	30	30	-	
56	Patrick Williams (M)	Cinder Hill Gym	Notts	11	12	10	3rd
57	Wajid Hussain	Flex Fitness	Birmingham	30	30	-	
58	Kenneth Lightbody (S)	Ship Shape	Falkirk	30	30	-	
59	Jordan Jones (W)	Jeff's Gym	Bridgend	9	8	9	1st
60	Michal Trykar (SE)	Unique Bodies	Oxford	29	29	-	
61	Anthony Cross (W)	Seven Side	Gloucester	30	30	-	
62	Craig Hall (M)	Iron Works	Birmingham	30	30	-	
63	Asaad Nakhal (KC)	Muscle Works	BethnalGreen	26	26	22	5th
64	Boris Butchani			30	30	-	

Masters Over 40 Years < 50 Years

No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
68	Miles Ludlow (M)	Ministry of Muscle	Kent	22	22	19	4th
69	Kenneth Clarke (BC)	Atlantis Gym	Gateshead	28	27	-	
70	Brian Connolly (NW)	Betta Bodies	Denton	20	21	16	3rd
71	Kevin Mahony (W)			30	30	-	
72	Nick Hobson (SoT)	Pinks Gym	Carshalton	30	30	-	
73	James Coley (WM)	Bordian	Birmingham	30	30	-	
74	Mo Moghabasi (M)	Temple Gym	Birmingham	30	30	-	
75	Kevin Gillespie (WM)	Body Wise	Hinkley	30	30	-	
77	Paul Norton (M)	G'S Gym	Macclesfield	30	30	-	
78	Mark Blundell (KC)	Pro Fitness	Halesowen	30	30	-	
79	Vince Wedderburn	Emporium Gym	Birmingham	28	28	-	
80	David Brown	Sugar's Gym	Leicester	30	30	-	
81	Tony Hanson (EoE)	Cyrils Gym	Notts	15	13	17	2nd
82	Tom Devers (S)	David Lloyd	Renfrew	30	30	-	
83	Phil Spooner (W)	1 st Class Gym	Wales	30	30	-	
84	Stephan Ferrier (SoT)	David Lloyd	Iepson	26	25	15	5th
87	Andrew Binch (NW)	Garth's Gym	Nottingham	30	30	-	
88	Marcus Braithwaite (SC)	Extreme Fitness	Leicester	5	5	6	1st

Masters Over 50 Years							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
94	Martin Yates Brown (S)	Just Bodyworks	Dumfries	17	18	18	4 th
95	Rob Young (M)			27	27	25	5 th
96	Mike Zschorn (SoT)	Body Limits	St. Albans	30	30	-	
97	Bob Dawson (NW)	Bodywize	Hinckley	17	16	16	3 rd
98	Bernie Cooper (W)	Bernie's Gym	Cumbria	8	9	9	2 nd
99	Dave Lamptey (WM)	MetroFlex	Sydenam	7	6	6	1 st
100	Trevor Lewis (KC)	Bodyworks Gym	Deal	30	30	-	
101	Mick Vaughan (NE)	Planet Fitness	Bradford	30	30	-	
102	Walter O'Malley (M)	O'Malley's Gym	Warrington	29	29	-	
Body Fitness							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
108	Shalmieno Paper (BC)	Esporta	Peterborough	8	12	7	1 st
109	Ruta Bunkute (WM)	Temple Gym	Birmingham	30	30	-	
110	Magda Lipinska	G's Gym	London	23	23	19	4 th
111	Dawn Louise Adams (SC)	Next Generation	Gidea Park	30	30	-	
112	Susan Chester	Beef's Gym	Kent	26	27	-	
113	Tasha Coppett (WM)	Soho Gym		26	25	23	5 th
114	Vicky Cale (M)	Sevenside Gym	Gloucester	29	30	-	
115	Caroline Lemon (NW)	Fitness First	N. Ireland	30	30	-	
116	Rachel Ravencroft (NE)	LA Fitness	Lincoln	30	30	-	
117	Carrie Portman	Energize	Malvern	30	30	-	
118	Clare Taubman	Fitness First	Fairham	14	11	11	2 nd
119	Kay Ferrier	David Lloyd		30	30	-	
120	Lesley Rothera (SE)	Cheetah's	Brighton	30	30	-	
121	Donna Davidson (S)	Swan Centre	Berwick	30	30	-	
122	Annabel Ottey (KC)	Monster Gym	Cheshunt	30	30	-	
137	Tania Rodrigues (CI)	Carre Four Metro	Jersey C.I.	30	30	-	
138	Karen Norris (NE)	Next Generation	Cambridge	16	15	14	3 rd
Fitness							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
123	Danielle Blacktin (SoT)	Fitness First	Stevenage	14	12	10	2 nd
124	Veronica Barnett (SE)			9	20	12	3 rd
125	Kelly Jones (W)	Fitness 101	South Wales	19	8	17	4 th
126	Helen Collins (WM)	Winners 2000	Torquay	8	11	10	1 st

Classic Bodybuilding							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
129	Paul Daley (M)	Castle Gym	Nottingham	26	26	25	5 th
130	Jason Colnway (M)	New Image	Sleford	14	15	15	3 rd
131	Helder Barroso (WM)	Hot Bodies		20	19	18	4 th
132	Harj Minhas (M)	Energize	Malven	28	28	-	
133	Sean Ferguson (W)	Physique & Shapes	Dorchester	5	5	5	1 st
134	John Heaton (NE)	Total Fitness	Wakefield	11	11	11	2 nd
Up to & Incl 70 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
139	Chris Dyas (NE)	Fitness & Physique	Leeds	30	30	-	
140	Terry Watson (SoT)	Forest Gym	Crawley	5	5	5	1 st
141	Nav Sword (SE)	Gold's Gym	Prk.Royal,London	25	25	21	5 th
142	Kevin Norris (SC)	Reps Health Studio	Worthing	28	29	-	
143	Damien McBride (WM)	Kelsey Kerridge	Cambridge	17	16	16	2 nd
144	Brandon Marjoram (EoE)	Bodyshapers	Kettering	18	19	16	3 rd
145	Rob Feesey	At Home	Axminster	30	30	-	
146	Stewart Caswell (M)	Next Generation	Bristol	30	30	-	
147	John Orchar (EoE)	Prime Bodies	Swindon	22	21	18	4 th
148	Dave Thomas (W)	Flex Gym	Newbury	27	27	-	
149	Paul Smillie (M)	Iron Works	Birmingham	28	28	-	
150	Lloyd Stapleton (W)	Peak Physique	Cardiff	30	30	-	
Up to & incl 80 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
156	Nathan Selcon (WM)	Gallery + Castle Gym	Windsor	13	11	11	2 nd
157	Richard Hamon (CI)	Fitness First	Channel Isl	30	30	-	
158	Carl McVittie (NW)	Bodytek	Carlisle	30	30	-	
159	Adrian Birchall (NW)	Mike Katz Gym	Wigan	30	30	-	
160	Karl Pakula (SE)	Muscle World	London	30	30	-	
161	John Gilchrist (SE)	Muscle Limits	Enfield	30	30	-	
162	Daniel Hahn (SoT)	Pro Lab Gym	Bristol	26	26	-	
163	Charles Rambo (WM)	Muscle Works	London	30	30	-	
164	Stephen Graham (NI)	Sam's Gym	N. Ireland	15	16	15	3 rd
165	Tom Bailey (BC)	Muscle Health & Fitn.	Gr.Yarmouth	7	6	6	1 st
166	Glen Casey (EoE)	Emporium Gym	Birmingham	25	24	22	5 th
167	Joel Wright (EoE)	Unique Physique	Leicester	30	30	-	
168	Wade Stafford (M)	Castle Gym	Windsor	30	30	-	
169	Michael Hehir	Powerhouse Gym	Stoke.o.Trent	20	20	19	4 th

Women's Bodybuilding Up to & incl 57 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
174	Naz Noreen (SoT)	Pro Fitness Internat.	Black Heath	21	21	21	4th
175	Louise Facey (W)	Body 2000	Exeter	30	30	-	
176	Tracey Kiley (SoT)	Flex Lifestyles	Uxbridge	11	11	11	2nd
177	Mary Howard	Pinks Gym	Carshalton	30	30	-	
178	Jane Carter	Tone Zone	Yeovil	24	24	24	5th
211	Eileen Kirkwood (S)	Auchienhaven	Stevenstone	14	14	14	3rd
216	Venetia Gloux (SoT)	Physic Warehouse	East Molesey	6	5	5	1st
Men's Bodybuilding Up to & incl 90 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
185	Ivan Da Silva (SE)	Muscle Works	London	30	30	-	
186	William Siddall (EoE)	Physical Sculpture	Newport	30	30	-	
187	Barny Du Plessis (BC)	Next Generation	Bristol	17	17	17	3rd
188	Tom Blackman (SC)	Pro Lab	Bristol	30	30	-	
189	Darren Nicolhurst (NE)	Fitness Connection	Hitchen	30	30	-	
190	James Llewellyn (KC)	Ministry of Muscle	Aylesford	10	10	10	2nd
191	Alexander Dinev	Quest	Scotland	30	30	-	
192	James Room	Atlas Gym	Wolverh'ton	30	30	-	
193	Marc Westercott	Unique Fitness	Middlewich	30	30	-	
194	Doug Kelly (WM)	MetroFlex	London	27	26	25	5th
195	Dean Lesiak	Fitness Unlimited	Redditch	30	30	-	
196	Mark Cullimore (SE)	Gallery Health Club	Windsor	30	30	-	
197	Duane Creese (W)	Neils Pro Gym	Tenby	18	18	18	4th
198	James Lewis (BC)	America	Wales	5	5	5	1st
Women's Bodybuilding Over 57 kg							
No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
179	Sandra Probert (M)	Unique Bodies	Oxford	30	30	-	
209	Aga Ryk	G's Gym	Ealing	5	5	5	1st
210	Trish Porter (NE)	Body Gym	Ireland	30	30	-	
212	Dionne Dixon	Muscle Limit	Brimmsdown	19	20	20	4th
213	Denise John (EoE)	Intrim	Long Eaton	25	24	24	5th
214	Xyleese Richards (SC)	Pro Fitness	Worcester	16	14	15	3rd
215	Jaqueline Reilly	Castle Gallery	Windsor	10	10	10	2nd

Men's Bodybuilding Over 90 kg

No.	Competitor's Name	Trains at (gym)	Town	Rnd 1	Rnd 2	Rnd3	Place
217	Wayne Lockett	Gym One	Saltley	30	30	-	
218	Gary Kingshot	The Gallery	Windsor	30	30	-	
219	Martin Stevenson (M)	Olney Health & Fitness	Buckinghamshire	30	30	-	
220	David Talbot (WM)	Metro Flex Gym	Sydenham	30	30	-	
221	Wayne Clarke (EoE)	Full Force Gym	Derby				
222	David Baker (WM)	Emporium Gym	Birmingham	29	29	-	
223	David Titterton (NE)	Quirke's Gym	Sheffield	28	27	24	5th
224	Dariusz Sobieray (S)	Virgin Active	Glasgow	30	30	-	
225	Serge Camarou (SoT)	Muscle Works	London	30	30	-	
226	Eddie Gray (KC)	Rochester Health Club	Rochester	30	30	-	
227	Darren Ball (SC)	DazBallExtremeGym	Leicester	7	9	8	1st
228	Stuart Core (SoT)	Core Fitness	Plymouth	19	19	19	4th
229	Damar Martin (M)	Metro Flex Gym	Sydenham	30	30	-	
230	Alvin Small	Garth's Gym	Nottingham	13	13	13	3rd
231	Zak Khan (BC)	Quirkes Gym	Sheffield	12	12	12	2nd
232	Patrick Warner (NE)	Altered Images	Pudsey	29	30	-	
233	Andrew Pinnock (SoT)	Metro Flex	Sydenham				
234	Dotun Diya	Muscle Works	BethnalGreen	30	30	-	
235	Ricky Green (SE)	Yorkies Gym	Battersea				
236	Hutch	Fusion	Leeds	30	30	-	

Overall Men's BB Champion

James 'Flex' Lewis

Overall Women's BB Champion

Venetia Gloux