

## U.K.B.F.F. EVENTS 2017

All these events are open only to UKBFF members

ALL CATEGORIES AND HEIGHT AND/OR WEIGHT CLASSES ARE ON THE LAST PAGES.  
YOU CAN CHECK THE REGISTRATION TIMES FOR YOUR CLASS  
CHECK OUR FACEBOOK PAGE BEFORE THE EVENT, IN CASE THERE ARE ANY CHANGES.  
IF IN DOUBT, PLEASE CONTACT THE UKBFF OR THE PROMOTER OF THE EVENT YOU ARE  
COMPETING IN.

**Sunday 9<sup>th</sup> April**

### **UKBFF AZADI CELEBRATION CLASSIC CHAMPIONSHIPS**

**Qualifying event for British Championships**

**Celebrating 70 years of Pakistan Independence**

Birmingham Town Hall, Victoria Square, Birmingham, B3 3DQ

*Promoter:* Masoom Butt *Telephone:* 07449058433 *Email:* [masoom\\_butt@hotmail.com](mailto:masoom_butt@hotmail.com)

**Saturday 15<sup>th</sup> April**

### **UK NATIONAL CHAMPIONSHIPS (drug tested event)**

Echo Arena Auditorium, Liverpool Waterfront, L3 4FP

\* Selection event for IFBB European and World Championships.

\* Qualifying event for British, Arnold in Barcelona and IFBB Diamond Cup

**Only open to UKBFF members with a 4-yearly membership. Memberships are available online.**

*Website:* [www.ukbff.co.uk](http://www.ukbff.co.uk) *Email:* [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)

*Entry Forms to:* UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Saturday 22<sup>nd</sup> April**

### **UKBFF FitCon Classic**

**Qualifying event for the IFBB Diamond Cup and Arnold Classic Barcelona, Spain**

At the FitCon Expo, Olympia Exhibition Centre, National Hall,

Hammersmith Road, Kensington, London W14 8UX

**Only open to UKBFF members with a 4-yearly membership. Memberships are available online.**

*Contact UKBFF,* [wanda.tierney@ifbb-uk.com](mailto:wanda.tierney@ifbb-uk.com)

*Entry Forms to email above or post to:* UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 23<sup>rd</sup> April**

### **UKBFF SOUTH COAST CHAMPIONSHIPS**

**Qualifying event for British Championships**

Guildhall, Guildhall Square, Portsmouth, PO1 2AB

*Promoter:* Paul Smith *Telephone:* 023 92230445

*Website:* [www.ukbffsouthcoast.co.uk](http://www.ukbffsouthcoast.co.uk) *email:* [info@time4nutrition.co.uk](mailto:info@time4nutrition.co.uk)

*Entry forms by email to:* T4Nutrition, 3a London Road, Purbrook, Hampshire, PO7 5LQ

**Sunday 30<sup>th</sup> April**

### **UKBFF NORTH WEST CHAMPIONSHIPS**

**Qualifying event for British Championships**

**Please note:** The Registration times and Running Order is different than other Qualifiers. Please Check with Promoter

Parr Hall, Warrington, WA1 1BL

*Promoter:* Kerry and Kevin Kayes *Telephone:* 07885 515270 *Email:* [kevkayes@live.co.uk](mailto:kevkayes@live.co.uk)

*Entry forms by email or post to:* Kevin Kayes, 60 Nasmyth Avenue, Denton, Manchester, M34 3EF

**Sunday 4<sup>th</sup> June**

### **UKBFF AMATEUR ENGLISH GRAND PRIX**

**Qualifying event for the IFBB Diamond Cup and Arnold Classic Barcelona, Spain**

The Reading Hexagon Theatre, Queens Walk, Reading, RG1 7UA

*Promoter:* Helen and Sean O'Reilly *Tel:* 01895 436000 *Email:* [enquiries@panthersgym.com](mailto:enquiries@panthersgym.com)

*Entry Forms by email with copy to* [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)

**Sunday 11<sup>th</sup> June**

**The Julian Feinstein Classic UKBFF LONDON & S.E. CHAMPIONSHIPS**

**Qualifying event for British Championships**

Beck Theatre, Grange Road, Hayes, UB3 2UE

Tickets available from boxoffice: 020 85618371 or online [www.becktheatre.org.uk](http://www.becktheatre.org.uk)

*Promoter:* UKBFF *Website:* [www.ukbff.co.uk](http://www.ukbff.co.uk) *Email:* [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)

Entry Forms to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 25<sup>th</sup> June**

**UKBFF SCOTTISH CHAMPIONSHIPS**

**Qualifying event for British Championships**

Paisley Lagoon Arena, 11 Christie Street, Paisley, PA1 1NB

*Promoter:* Planet Bodybuild *Telephone:* 0141-8899886 *Email:* [d-mcgrath@btconnect.com](mailto:d-mcgrath@btconnect.com)

Entry forms to: PBB Fitness Centre, 10 Lawn Street, Paisley, PA1 1HA

**Sunday 2<sup>nd</sup> July**

**UKBFF THE ZKK CLASSIC CHAMPIONSHIPS**

**Qualifying event for British Championships**

The Alban Arena Civic Centre, St Albans, Hertfordshire, AL1 3LD

Tickets available from boxoffice: 01727 897997 or online [www.alban-arena.co.uk](http://www.alban-arena.co.uk)

*Promoter:* Zack Khan *Telephone:* 07447 897272 *Email:* [zkhan1777@hotmail.com](mailto:zkhan1777@hotmail.com)

Entry Forms by email or post to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 23<sup>rd</sup> July**

**UKBFF SCOTTISH GRAND PRIX (drug tested event)**

Lanark Memorial Hall, St Leonards Street, Lanark, ML11 7AB

\* Selection event for IFBB World Championships

\* Qualifying event for Arnold in Barcelona and other IFBB International events

**Only open to UKBFF members with a 4-yearly membership. Memberships are available online.**

*Promoter:* Planet Bodybuild *Telephone:* 0141-8899886 *Email:* [d-mcgrath@btconnect.com](mailto:d-mcgrath@btconnect.com)

Entry forms by email or post to: PBB Fitness Centre, 10 Lawn Street, Paisley, PA1 1HA

**Saturday 29<sup>th</sup> July**

**UKBFF - ULTIMATE BEGINNERS – STARS OF TOMORROW**

The Woodville, Woodville Place, Gravesend, Kent, DA12 1DD

Only open to ULTIMATE Beginners (NEVER been on stage before)

*Promoter:* U.K.B.F.F. [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk) *Tel:* 0151-9314090 or 0116 215 2964

Entry Forms by email or post to : UKBFF, PO Box 231, Waterloo, Liverpool, L22 9WW

**Saturday 5<sup>th</sup> August**

**UKBFF MAXXMUSCLE NORTH CHAMPIONSHIPS**

**Qualifying event for British Championships**

Rainton Meadows Arena, Mercantile Road, Tyne and Wear, DH4 5PH

*Promoter:* Anthony Bailes *Tel:* 0191 526 7423 *Email:* [maxxmuscle@keptprivate.com](mailto:maxxmuscle@keptprivate.com)

Entry Forms by email or post to: Maxxmuscle, 2-4 Market Street, Hetton Le Hole, Tyne and Wear, DH5 9DY

**Saturday 12<sup>th</sup> August**

**UKBFF NORTHERN IRELAND CHAMPIONSHIPS**

**Qualifying event for British Championships**

The Ulster Hall, 34 Bedford Street, Belfast, BT2 7FF

*Promoter:* Stephen Graham *Telephone:* 07740554640 *Email:* [steve-graham@live.com](mailto:steve-graham@live.com)

Entry forms by email or post to: 24 Eastburn Drive, Ballymoney, County Antrim, N.Ireland, BT53 6PJ

**Sunday 20<sup>th</sup> August**

**UKBFF NORTH EAST CHAMPIONSHIPS**

**Qualifying event for British Championships**

Leeds Town Hall, The Headrow, Leeds, LS1 3AD

*Promoter:* UKBFF *Email:* [bodygossip@hotmail.co.uk](mailto:bodygossip@hotmail.co.uk)

Entry forms by email or post to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 27<sup>th</sup> August**

**UKBFF KENT KLASSIC CHAMPIONSHIPS**

**Qualifying event for British Championships**

The Orchard Theatre, Home Gardends, Dartford, DA1 1DE

*Promoter:* Sarah Bridges *Telephone:* 07956 922662 *Email:* [sarahbridges@clara.co.uk](mailto:sarahbridges@clara.co.uk)

Entry forms by email or post to: Sarah Bridges, Horton Road, Horton Kirby, Dartford, DA4 9AX

**Sunday 3<sup>rd</sup> September**

**UKBFF WELSH CHAMPIONSHIPS**

**Qualifying event for British Championships**

St. David's Hall, The Hayes, Cardiff CF10 1AH

*Promoter:* Neil Hill *Telephone:* 07816 543176 *Email:* [neilhill69@btinternet.com](mailto:neilhill69@btinternet.com)

Entry forms by email

**Sunday 10<sup>th</sup> September**

**MIDLANDS CHAMPIONSHIPS**

**Qualifying event for British Championships**

Birmingham Town Hall, Victoria Square, Birmingham, B3 3DQ

*Promoter:* Martin Davies *Telephone:* 07929 300639 *Email:* [martind79@live.co.uk](mailto:martind79@live.co.uk)

Entry forms by email or post to: Martin Davies, 46 Serpentine Road, Harborne, Birmingham, B17 9RE

**Sunday 17<sup>th</sup> September**

**UKBFF EAST OF ENGLAND CHAMPIONSHIPS**

**Qualifying event for British Championships**

De Montfort Hall, Leicester, LE1 7RU

*Promoter:* Dennis Christopher *Telephone:* 0116-215 2964 *Email:* [sugar@ukbff.co.uk](mailto:sugar@ukbff.co.uk)

Entry forms by email or post to: Sugar's Fitness Centre, 2 Elizabeth Street, Leicester, LE5 4FL

**Sunday 1<sup>st</sup> October**

**UKBFF WEST MIDLANDS CHAMPIONSHIPS**

**Qualifying event for British Championships**

Bedworth Civic Hall, High Street, Bedworth, Warwickshire, CV12 8NF. For Tickets: 0247 6376707

*Promoter:* Clint Jones *Telephone:* 0247-6678290 *Email:* [contact@futurefitness.co.uk](mailto:contact@futurefitness.co.uk)

Entry forms by email or post to: Clint Jones, 42 Far Gosford Street, Coventry, CV1 5DW

**14<sup>th</sup> and 15<sup>th</sup> October**

**UKBFF BRITISH CHAMPIONSHIPS**

**Royal Concert Hall, Nottingham, NG1 5ND**

***For all info:* U.K.B.F.F. *Telephone:* 0151-9314090 *Email:* [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)**

**Open to all athletes who have received an invite at the UKBFF Qualifying events.**

**Also open to previous British Champions and last year's 2<sup>nd</sup> place in British.**

**Sunday 26<sup>th</sup> November**

**SUGAR'S CLASSIC CHAMPIONSHIPS**

**Great prizes for all winners**

De Montfort Hall, Leicester, LE1 7RU

*Promoter:* Dennis Christopher *Telephone:* 0116-215 2964 *Email:* [sugar@ukbff.co.uk](mailto:sugar@ukbff.co.uk)

Entry forms to: Sugar's International Fitness Centre, 2 Elizabeth Street, Leicester, LE5 4FL

**CATEGORIES at BRITISH CHAMPIONSHIPS QUALIFIERS**

REGISTRATION TIME	CATEGORIES at BRITISH CHAMPIONSHIPS QUALIFIERS		REGISTRATION TIME
	<u>MEN CATEGORIES</u>	<u>MEN WEIGHT CATEGORIES</u>	
9-10 AM	Junior Men Bodybuilding Up to/Incl 23 yrs	Men's Bodybuilding Up to 70 kg.	10-11 AM
9-10 AM	Junior Men's Physique Up to/Incl 23 yrs	Men's Bodybuilding Up to 80 kg	10-11 AM
9-10 AM	Rookie Men's Physique (1 <sup>st</sup> year competing)	Men's Bodybuilding Up to 90 kg.	10-11 AM
9-10 AM	Masters Men Bodybuilding Over 40 years	Men's Bodybuilding Up to 100 kg	10-11 AM
9-10 AM	Masters Men Bodybuilding Over 50 years	Men's Bodybuilding Over 100 kg	10-11 AM
9-10 AM	Master Men's Physique Over 40 yrs	<b><u>WOMEN CATEGORIES</u></b>	<b>REGISTRATION TIME</b>
9-10 AM	Intermediate Up to 80 kg.		
9-10 AM	Intermediate Up to 90 kg		
9-10 AM	Intermediate Over 90 kg		
10-11 AM	Classic Bodybuilding Up to 178 cm		
10-11 AM	Classic Bodybuilding Over 178cm		
10:30-11:30	Men's Physique Up to 178 cm		
10:30-11:30	Men's Physique Up to 182 cm		
10:30-11:30	Men's Physique Over 182 cm		
10:30-11:30	Muscular Men's Physique		
		Junior Bikini-Fitness Upto/Incl 23 yrs	9-10 AM
		Junior Body-Fitness Up to/Incl 23 yrs	9-10 AM
		Rookie Bikini-Fitness (1 <sup>st</sup> year competing)	9-10 AM
		Masters Bikini-Fitness Over 35 yrs	9-10 AM
		Masters Body-Fitness Over 35 yrs	9-10 AM
		Wellness Bikini Fitness	9-10 AM
		Body-Fitness	10-11 AM
		Women's Physique	10-11 AM
		Women's Fitness	10-11 AM
		Bikini-Fitness Up to 163 cm	10:30-11:30
		Bikini-Fitness Up to 169 cm	10:30-11:30
		Bikini-Fitness Over 169 cm	10:30-11:30

**REGISTRATION IS FROM 9 AM TILL 11:30(see time of registration next to your class)**

**COMPETITION STARTS AT 12 NOON.**

**Junior Men and Women can compete until the 31<sup>st</sup> December of the year they become 23 years of age.  
For 2017, the years of birth should be between 1994 and 2001.**

*Master Men can compete in the Over 40 Years from the 1<sup>st</sup> of January of the year they become 40 years of age.  
For 2017, the years of birth should be 1977 or BEFORE.*

**Master Men can compete in the Over 50 Years from the 1<sup>st</sup> of January of the year they become 50 years of age.  
For 2017, the years of birth should be 1967 or BEFORE.**

*Master Women can compete in the Over 35 Yrs from the 1<sup>st</sup> of January of the year they become 35 years of age.  
For 2017, the years of birth should be 1982 or BEFORE*

REGISTRATION TIME	CATEGORIES ULTIMATE BEGINNERS		REGISTRATION TIME
	<u>ULTIMATE BEGINNERS MEN</u>	<u>ULTIMATE BEGINNERS WOMEN</u>	
9-10 AM	Junior Men Bodybuilding Up to/Incl 23 yrs	Junior Bikini-Fitness Up to/Incl 23 yrs	9-10 AM
9-10 AM	Junior Men's Physique Up to/Incl 23 yrs	Bikini-Fitness Up to 163cm	10:30-11:30
10:30-11:30	Men's Physique Up to178cm	Bikini-Fitness Over 163 cm	10:30-11:30
10:30-11:30	Men's Physique Over 178cm	Body-Fitness	10-11 AM
10:30-11:30	Muscular Men's Physique	Women's Physique	10-11 AM
10-11 AM	Classic Bodybuilding (height/weight)	Women's Fitness	10-11 AM
10-11 AM	Men's Bodybuilding Up to 80 k (UK Nationals)	Master Bikini-Fitness over 35 yrs	9-10 AM
10-11 AM	Men's Bodybuilding Up to 90 kg.	Master Body-Fitness over 35 yrs	9-10 AM
10-11 AM	Men's Bodybuilding Over 90 kg	Wellness Bikini Fitness	9-10 AM
9-10 AM	Master Men Physique over 40 yrs		
9-10 AM	Master Men Bodybuilding over 40 yrs		

**REGISTRATION IS FROM 9 AM TILL 11:30 AM (see time of registration next to your class)**

**COMPETITION STARTS AT 12 NOON.**

