

# U.K.B.F.F. EVENTS 2017

All these events are open only to UKBFF members

ALL CATEGORIES AND HEIGHT AND/OR WEIGHT CLASSES ARE ON THE LAST PAGES.  
YOU CAN CHECK THE REGISTRATION TIMES FOR YOUR CLASS  
CHECK OUR FACEBOOK PAGE BEFORE THE EVENT, IN CASE THERE ARE ANY CHANGES.  
IF IN DOUBT, PLEASE CONTACT THE UKBFF OR THE PROMOTER OF THE EVENT YOU ARE  
COMPETING IN.

**Sunday 9<sup>th</sup> April**

## **UKBFF AZADI CELEBRATION CLASSIC CHAMPIONSHIPS**

**Qualifying event for British Championships**

**Celebrating 70 years of Pakistan Independence**

Birmingham Town Hall, Victoria Square, Birmingham, B3 3DQ

*Promoter:* Masoom Butt *Telephone:* 07449058433 Email: [admin@ukbff.co.uk](mailto:admin@ukbff.co.uk)

**Saturday 15<sup>th</sup> April**

## **UK NATIONAL CHAMPIONSHIPS (drug tested event)**

Echo Arena Auditorium, Liverpool Waterfront, L3 4FP

\* Selection event for IFBB European and World Championships.

\* Qualifying event for British, Arnold in Barcelona and IFBB Diamond Cup

**Only open to UKBFF members with a 4-yearly membership. Memberships are available online.**

Website: [www.ukbff.co.uk](http://www.ukbff.co.uk) Email: [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)

Entry Forms to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Saturday 22<sup>nd</sup> April**

## **UKBFF FitCon Classic**

**Qualifying event for the IFBB Diamond Cup and Arnold Classic Barcelona, Spain**

At the FitCon Expo, Olympia Exhibition Centre, National Hall,

Hammersmith Road, Kensington, London W14 8UX

Contact UKBFF, [wanda.tierney@ifbb-uk.com](mailto:wanda.tierney@ifbb-uk.com)

Entry Forms to email or post to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 23<sup>rd</sup> April**

## **UKBFF SOUTH COAST CHAMPIONSHIPS**

**Qualifying event for British Championships**

Guildhall, Guildhall Square, Portsmouth, PO1 2AB

*Promoter:* Paul Smith *Telephone:* 023 92230445

Website: [www.ukbffsouthcoast.co.uk](http://www.ukbffsouthcoast.co.uk) email: [info@time4nutrition.co.uk](mailto:info@time4nutrition.co.uk)

Entry forms to: Paul Smith, Fitness Development, 3a London Road, Purbrook, Hampshire, PO7 5LQ

**Sunday 30<sup>th</sup> April**

## **UKBFF NORTH WEST CHAMPIONSHIPS**

**Qualifying event for British Championships**

**Please note:** The Registration times and Running Order is different than other Qualifiers. Please Check with Promoter

Parr Hall, Warrington, WA1 1BL

*Promoter:* Kerry and Kevin Kayes *Telephone:* 07885 515270 Email: [kevkayes@live.co.uk](mailto:kevkayes@live.co.uk)

Entry forms to: Kevin Kayes, 60 Nasmyth Avenue, Denton, Manchester, M34 3EF

**Sunday 4<sup>th</sup> June**

## **UKBFF AMATEUR ENGLISH GRAND PRIX**

**Qualifying event for the IFBB Diamond Cup and Arnold Classic Barcelona, Spain**

The Reading Hexagon Theatre, Queens Walk, Reading, RG1 7UA

*Promoter:* Helen and Sean O'Reilly Tel: 01895 436000 Email: [enquiries@panthersgym.com](mailto:enquiries@panthersgym.com)

Entry Forms by email with copy to [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)

**Sunday 11<sup>th</sup> June**  
**The Julian Feinstein Classic**  
**UKBFF LONDON & S.E. CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
Beck Theatre, Grange Road, Hayes, UB3 2UE  
*Promoter:* UKBFF *Website:* [www.ukbff.co.uk](http://www.ukbff.co.uk) *Email:* [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)  
Entry Forms to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 25<sup>th</sup> June**  
**UKBFF SCOTTISH CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
Paisley Lagoon Arena, 11 Christie Street, Paisley, PA1 1NB  
*Promoter:* Planet Bodybuild *Telephone:* 0141-8899886 *Email:* [d-mcgrath@btconnect.com](mailto:d-mcgrath@btconnect.com)  
Entry forms to: PBB Fitness Centre, 10 Lawn Street, Paisley, PA1 1HA

**Sunday 2<sup>nd</sup> July**  
**UKBFF THE ZKK CLASSIC CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
The Alban Arena Civic Centre, St Albans, Hertfordshire, AL1 3LD  
*Promoter:* Zack Khan *Telephone:* 07447 897272 *Email:* [zkhan1777@hotmail.com](mailto:zkhan1777@hotmail.com)  
Entry Forms by email or post to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 23<sup>rd</sup> July**  
**UKBFF SCOTTISH GRAND PRIX (drug tested event)**  
**\* Selection event for IFBB World Championships**  
**\* Qualifying event for Arnold in Barcelona and IFBB Diamond Cup**  
**Only open to UKBFF members with a 4-yearly membership. Memberships are available online.**  
*Promoter:* Planet Bodybuild *Telephone:* 0141-8899886 *Email:* [d-mcgrath@btconnect.com](mailto:d-mcgrath@btconnect.com)  
Entry forms by email or post to: PBB Fitness Centre, 10 Lawn Street, Paisley, PA1 1HA

**Saturday 29<sup>th</sup> July**  
**UKBFF - ULTIMATE BEGINNERS – STARS OF TOMORROW**  
The Woodville, Woodville Place, Gravesend, Kent, DA12 1DD  
Only open to ULTIMATE Beginners (NEVER been on stage before)  
*Promoter:* U.K.B.F.F. [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk) *Tel:* 0151-9314090 or 0116 215 2964  
Entry Forms by email or post to : UKBFF, PO Box 231, Waterloo, Liverpool, L22 9WW

**Saturday 5<sup>th</sup> August**  
**UKBFF MAXXMUSCLE NORTH CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
Rainton Meadows Arena, Mercantile Road, Tyne and Wear, DH4 5PH  
*Promoter:* Anthony Bailes *Tel:* 0191 526 7423 *Email:* [maxxmuscle@keptprivate.com](mailto:maxxmuscle@keptprivate.com)  
Entry Forms by email or post to: Maxxmuscle, 2-4 Market Street, Hetton Le Hole, Tyne and Wear, DH5 9DY

**Saturday 12<sup>th</sup> August**  
**UKBFF NORTHERN IRELAND CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
The Ulster Hall, 34 Bedford Street, Belfast, BT2 7FF  
*Promoter:* Stephen Graham *Telephone:* 07740554640 *Email:* [steve-graham@live.com](mailto:steve-graham@live.com)  
Entry forms by email or post to: 24 Eastburn Drive, Ballymoney, County Antrim, N.Ireland, BT53 6PJ

**Sunday 20<sup>th</sup> August**  
**UKBFF NORTH EAST CHAMPIONSHIPS**  
**Qualifying event for British Championships**  
Leeds Town Hall, The Headrow, Leeds, LS1 3AD  
*Promoter:* UKBFF *Email:* [bodygossip@hotmail.co.uk](mailto:bodygossip@hotmail.co.uk)  
Entry forms by email or post to: UKBFF, P.O. Box 231, Waterloo, Liverpool, L22 9WW

**Sunday 27<sup>th</sup> August**

**UKBFF KENT KLASSIC CHAMPIONSHIPS**

**Qualifying event for British Championships**

The Orchard Theatre, Home Gardens, Dartford, DA1 1DE

*Promoter:* Sarah Bridges *Telephone:* 07956 922662 Email: [sarahbridges@clara.co.uk](mailto:sarahbridges@clara.co.uk)

Entry forms by email or post to: Sarah Bridges, Horton Road, Horton Kirby, Dartford, DA4 9AX

**Sunday 3<sup>rd</sup> September**

**UKBFF WELSH CHAMPIONSHIPS**

**Qualifying event for British Championships**

St. David's Hall, The Hayes, Cardiff CF10 1AH

*Promoter:* Neil Hill *Telephone:* 07816 543176 Email: [neilhill69@btinternet.com](mailto:neilhill69@btinternet.com)

Entry forms by email

**Sunday 10<sup>th</sup> September**

**MIDLANDS CHAMPIONSHIPS**

**Qualifying event for British Championships**

Birmingham Town Hall, Victoria Square, Birmingham, B3 3DQ

*Promoter:* Martin Davies *Telephone:* 07929 300639 Email: [martind79@live.co.uk](mailto:martind79@live.co.uk)

Entry forms by email or post to: Martin Davies, 46 Serpentine Road, Harborne, Birmingham, B17 9RE

**Sunday 17<sup>th</sup> September**

**UKBFF EAST OF ENGLAND CHAMPIONSHIPS**

**Qualifying event for British Championships**

De Montfort Hall, Leicester, LE1 7RU

*Promoter:* Dennis Christopher *Telephone:* 0116-215 2964 Email: [sugar@ukbff.co.uk](mailto:sugar@ukbff.co.uk)

Entry forms by email or post to: Sugar's Fitness Centre, 2 Elizabeth Street, Leicester, LE5 4FL

**Sunday 1<sup>st</sup> October**

**UKBFF WEST MIDLANDS CHAMPIONSHIPS**

**Qualifying event for British Championships**

Bedworth Civic Hall, High Street, Bedworth, Warwickshire, CV12 8NF

*Promoter:* Clint Jones *Telephone:* 0247-6229269 Email: [contact@futurefitness.co.uk](mailto:contact@futurefitness.co.uk)

Entry forms by email or post to: Clint Jones, 42 Far Gosford Street, Coventry, CV1 5DW

14<sup>th</sup> and 15<sup>th</sup> October

## **UKBFF BRITISH CHAMPIONSHIPS**

**Royal Concert Hall, Nottingham, NG1 5ND**

***For all info: U.K.B.F.F. Telephone: 0151-9314090 Email: [wanda@ukbff.co.uk](mailto:wanda@ukbff.co.uk)***

**Open to all athletes who have received an invite at the UKBFF Qualifying events.**

**Also open to previous British Champions and last year's 2<sup>nd</sup> place in British.**

Sunday 26<sup>th</sup> November

### **SUGAR'S CLASSIC CHAMPIONSHIPS**

**Great prizes for all winners**

De Montfort Hall, Leicester, LE1 7RU

*Promoter: Dennis Christopher Telephone: 0116-215 2964 Email: [sugar@ukbff.co.uk](mailto:sugar@ukbff.co.uk)*

Entry forms to: Sugar's International Fitness Centre, 2 Elizabeth Street, Leicester, LE5 4FL

## **UKBFF/IFBB SANCTIONED EVENTS**



21<sup>st</sup> – 22<sup>nd</sup> October 2017

### **IFBB DIAMOND CUP UK**

**Liverpool Arena Convention Centre, Albert Dock, L3 4FP**

**INTERNATIONAL INVITATIONAL COMPETITION**

**Open to all IFBB National Federations**

**Pro Card for all Overall Champions!!**

For more info: [wanda.tierney@ifbb-uk.com](mailto:wanda.tierney@ifbb-uk.com)

**CATEGORIES at BRITISH CHAMPIONSHIPS QUALIFIERS**

<b>REGISTRATION TIME</b>	<b><u>MEN CATEGORIES</u></b>	<b>-</b>	<b><u>MEN WEIGHT CATEGORIES</u></b>	<b>REGISTRATION TIME</b>
9-10 AM	Junior Men Bodybuilding Up to/Incl 23 yrs	-	Men's Bodybuilding Up to 70 kg.	10-11 AM
9-10 AM	Junior Men's Physique Up to/Incl 23 yrs	-	Men's Bodybuilding Up to 80 kg	10-11 AM
9-10 AM	Beginners BB	-	Men's Bodybuilding Up to 90 kg.	10-11 AM
9-10 AM	Masters Men Bodybuilding Over 40 years	-	Men's Bodybuilding Up to 100 kg	10-11 AM
9-10 AM	Masters Men Bodybuilding Over 50 years	-	Men's Bodybuilding Over 100 kg	10-11 AM
9-10 AM	Master Men's Physique Over 40 yrs	-	<b><u>WOMEN CATEGORIES</u></b>	<b>REGISTRATION TIME</b>
10-11 AM	Classic Bodybuilding Up to 178 cm	-		
10-11 AM	Classic Bodybuilding Over 178cm	-		
11-12Noon	Men's Physique Up to 178 cm	-	Junior Bikini-Fitness Upto/Incl 23 yrs	9-10 AM
11-12Noon	Men's Physique Up to 182 cm	-	Junior Body-Fitness Up to/Incl 23 yrs	9-10 AM
11-12Noon	Men's Physique Over 182 cm	-	Masters Bikini-Fitness Over 35 yrs	9-10 AM
11-12Noon	Men's Physique Over 182 cm	-	Masters Body-Fitness Over 35 yrs	9-10 AM
11-12Noon	Muscular Men's Physique	-	Bikini-Fitness Up to 163 cm	11-12Noon
9-10 AM	Intermediate Up to 80 kg.	-	Bikini-Fitness Up to 169 cm	11-12Noon
9-10 AM	Intermediate Up to 90 kg	-	Bikini-Fitness Over 169 cm	11-12Noon
9-10 AM	Intermediate Over 90 kg	-	Body-Fitness	10-11 AM
		-	Women's Physique	10-11 AM
		-	Women's Fitness	10-11 AM
		-	Wellness Bikini Fitness	9-10 AM

**REGISTRATION IS FROM 9 AM TILL 12 NOON (see time of registration next to your class)**

**COMPETITION STARTS AT 12 NOON.**

**CATEGORIES at FITCON UKBFF CLASSIC - 22 APRIL**

**REGISTRATION WILL BE FROM 9 AM TILL 11 AM**

<b>REGISTRATION TIME</b>	<b><u>MEN CATEGORIES</u></b>	<b>-</b>	<b><u>WOMEN CATEGORIES</u></b>	<b>REGISTRATION TIME</b>
9-10 AM	Junior Men Bodybuilding Up to/Incl 23 yrs	-	Junior Bikini-Fitness Up to/Incl 23 yrs	9-10 AM
9-10 AM	Junior Men's Physique Up to/Incl 23 yrs	-	Junior Body-Fitness Up to/Incl 23 yrs	9-10 AM
9-10 AM	Masters Men Bodybuilding Over 40 years	-	Masters Bikini-Fitness Over 35 yrs	9-10 AM
9-10 AM	Master Men's Physique Over 40 yrs	-	Masters Body-Fitness Over 35 yrs	9-10 AM
10-11 AM	Men's Physique Up to 178 cm	-	Bikini-Fitness Up to 163 cm	10-11 AM
10-11 AM	Men's Physique Over 178 cm	-	Bikini-Fitness Over 163 cm	10-11 AM
9-10 AM	Classic Bodybuilding (Height to weight)	-	Wellness Bikini Fitness	10-11 AM
9-10 AM	Men's Bodybuilding Up to 90 kg.	-	Body-Fitness	10-11 AM
9-10 AM	Men's Bodybuilding Over 90 kg	-	Women's Physique	10-11 AM

**REGISTRATION IS FROM 9 AM TILL 11 AM (see time of registration next to your class)**

**COMPETITION STARTS AT 12 NOON.**

**Junior Men and Women can compete until the 31<sup>st</sup> December of the year they become 23 years of age.**

**For 2017, the years of birth should be between 1994 and 2001.**

*Master Men can compete in the Over 40 Years from the 1<sup>st</sup> of January of the year they become 40 years of age.*

*For 2017, the years of birth should be 1977 or BEFORE.*

**Master Men can compete in the Over 50 Years from the 1<sup>st</sup> of January of the year they become 50 years of age.**

**For 2017, the years of birth should be 1967 or BEFORE.**

*Master Women can compete in the Over 35 Yrs from the 1<sup>st</sup> of January of the year they become 35 years of age.*

*For 2017, the years of birth should be 1982 or BEFORE*

REGISTRATION TIME	CATEGORIES at UK NATIONALS and ULTIMATE BEGINNERS		REGISTRATION TIME
	ULTIMATE BEGINNERS MEN	ULTIMATE BEGINNERS WOMEN	
9-10 AM	Junior Men Bodybuilding Up to/Incl 23 yrs	Junior Bikini-Fitness Up to/Incl 23 yrs	9-10 AM
9-10 AM	Junior Men's Physique Up to/Incl 23 yrs	Bikini-Fitness Up to 163cm	11-12Noon
11-12Noon	Men's Physique Up to178cm	Bikini-Fitness Over 163 cm	11-12Noon
11-12Noon	Men's Physique Over 178cm	Body-Fitness	10-11 AM
11-12Noon	Muscular Men's Physique	Women's Physique	10-11 AM
10-11 AM	Classic Bodybuilding (height/weight)	Women's Fitness	10-11 AM
10-11 AM	Men's Bodybuilding Up to 80 k (UK Nationals)	Master Bikini-Fitness over 35 yrs	9-10 AM
10-11 AM	Men's Bodybuilding Up to 90 kg.	Master Body-Fitness over 35 yrs	9-10 AM
10-11 AM	Men's Bodybuilding Over 90 kg	Wellness Bikini Fitness	9-10 AM
9-10 AM	Master Men Physique over 40 yrs		
9-10 AM	Master Men Bodybuilding over 40 yrs		
<b>REGISTRATION IS FROM 9 AM TILL 12 NOON (see time of registration next to your class)</b>			
<b>COMPETITION STARTS AT 12 NOON.</b>			

REGISTRATION TIME	CATEGORIES at ENGLISH, WELSH and SCOTTISH AMATEUR GRAND PRIX		REGISTRATION TIME
	AMATEUR GRAND PRIX MEN	AMATEUR GRAND PRIX WOMEN	
	Junior Men's Physique Up to/Incl 23 yrs	Junior Bikini-Fitness Up to/Incl 23 yrs	
	Men's Physique Up to 174 cm	Bikini-Fitness Up to 163 cm	
	Men's Physique Up to 178 cm	Bikini-Fitness Up to 166 cm	
	Men's Physique Up to 182 cm	Bikini-Fitness Up to 169 cm	
	Men's Physique Over 182 cm	Bikini-Fitness Over 169 cm	
	Muscular Men's Physique	Wellness Bikini Fitness	
	Classic Bodybuilding (height/weight)	Body-Fitness	
	Men's Bodybuilding Up to 80 kg.	Master Bikini-Fitness over 35 yrs	
	Men's Bodybuilding Up to 90 kg	Women's Fitness *	
	Men's Bodybuilding Over 90 kg	Master Body-Fitness over 35 yrs*	
	Master Men Physique over 40 yrs	*at Welsh and Scottish only	
<b>REGISTRATION IS FROM 9 AM TILL 12 NOON.</b>			
<b>Registration time table will be announced on <a href="http://www.ukbff.co.uk">www.ukbff.co.uk</a> and on UKBFF Facebook</b>			

REGISTRATION TIME	CATEGORIES at AZADI CELEBRATION CLASSIC - 9 APRIL		REGISTRATION TIME
	REGISTRATION OF ALL CLASSES WILL BE FROM 9 AM TILL 11 AM		
9-11 AM	Junior Men's Physique Up to/Incl 23 yrs	Junior Bodybuilding Upto/Incl 23 yrs	9-11 AM
9-11 AM	Men's Physique Up to 178 cm	Masters Men Bodybuilding + 40 yrs	9-11 AM
9-11 AM	Men's Physique Over 178 cm	Men's Bodybuilding Up to 80 kg	9-11 AM
9-11 AM	Intermediates Up to 90 kg	Men's Bodybuilding Up to 90 kg.	9-11 AM
9-11 AM	Intermediates Over 90 kg	Men's Bodybuilding Up to 100 kg.	9-11 AM
9-11 AM	Master Men's Physique	Men's Bodybuilding Over 100 kg	9-11 AM
<b>REGISTRATION FOR ALL CATEGORIES IS FROM 9 AM TILL 11 AM</b>			
<b>COMPETITION STARTS AT 12 NOON.</b>			