

UKBFF



UK BRITISH CHAMPIONSHIPS

17-18 OCTOBER 2009

ROYAL CONCERT HALL, NOTTINGHAM

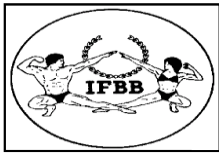
RESULTS

OFFICIAL FINAL PLACES COMBINED SCORE SHEET

FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
<i>JUNIORS</i>								
1.	1	JAMES HOLLINGWOOD	PINKS	SUTTON	5	5	5	10
2.	2	ROMAN SMENTEK	ZEUS GYM	HASTINGS	10	11	11	22
3.	7	JORDAN PETERS	CHEETAHS	HOVE	17	15	32	32
4.	4	RYAN MILNER	FITNESS CONNECTION	DEWSBURY	18	18	18	36
5.	6	ADAM SALE	IRONWORKS	BIRMINGHAM	27	25	49	49
6.	3	TOM IMLAH	CASTLE FITNESS	CONWAY WALES	30	28	28	56
7.	5	PETE RODGERS	ATLANTA	YORK	32	35	35	70

FINAL Place	COMPETITORS				ROUND 1	ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
<i>MASTERS OVER 40 YEARS (UPTO 50)</i>								
1.	23	STEVE AVERY	PHYSIQUE WAREHOUSE	WEST LONDON	14	12	12	24
2	14	NICK HOBSON	K2	CRAWLEY	14	13	15	28
3	21	DARREN ORAN	CITY FITNESS	MELSHAM	22	18	19	37*
4	20	TONY HANSON	CYRILS	CINDERHILL	22	19	18	37*
5	22	GARTH BETTELEY	FUTURE BODIES	RUGELEY	24	21	21	42*
6	11	ANDY BELL	VIKING GYM	MORECOMBE	16	21	21	42*
7	15	STEVE RIDDOCK	WORLD PHYSIQUE	MANSFIELD	25	35	X	
8	13	MARCUS BRAITHWAITE	OLYMPIA CONDITIONING	LEICESTER	28	35	X	
9	16	KEVIN FRASER	DAVID LLOYD	RENFREW	44	35	X	
10	19	PAUL NORTON	G'S GYM	MACCLESFIELD	46	35	X	
	12	ANDY LAWLEY	ANGELS	MANSFIELD	53			
	10	PHIL SPOONER	FIRST CLASS	BRIDGEND	55			
	17	STEVE FONG	GYMAHOLIC	WREXHAM	55			
	18	JAGLA LESZEK	DAZ BALL	LEICESTER	55			
	24	GARY ADAMS	THE GYM WELLING	KENT	55			

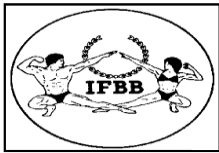
* Ties in Final Scores are broken using the Relative Placement Method in round 2

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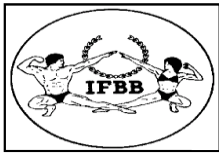
FINAL Place	COMPETITORS				ROUND 1	ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MASTERS OVER 50 YRS								
1.	34	GRAHAM PARK	RESULTS	ABERDEEN	7	8	10	18
2.	27	PAUL EHREN	FORT GALAXY	ILFORD	15	13	11	24
3	35	VINCENT GREGORY	EVOLUTION	CROSS HANDS	15	18	19	37
4	37	ROBERT TURNER	AUCHENHARVIE	AUCHENHARVIE	17	19	21	40
5	29	PAUL STANNARD	CASTLE GYM	WINDSOR	25	22	19	41
6	39	HOWARD THOMAS	PEAK PHYSIQUE	CARDIFF	35	29	29	58
7	38	ALAN DEAR	CITY FITNESS	MELSHAM	40	35	X	
8	33	NICK VAUGHAN	PLANET FITNESS	BRADFORD	42	35	X	
9	31	KEVIN WILSON	ATLAS FITNESS	MILTON KEYNES	43	35	X	
10	28	JOHN FONTANA	METRO FLEX	SYDENHAM	44	35	X	
	32	PETER KELLY	POWER HOUSE GYM	WHITE HAVEN	54			
	30	MIKE ZSCHORN	BODY LIMIT	ST. ALBANS	55			
	36	CHRIS SHERIDAN	BODY ZONE	BRACKNELL	55			

FINAL Place	COMPETITORS				ROUND 1	ROUND 2	FINAL ROUND 3	FINAL SCORE 1+2+3
	No.:	NAME	GYM	CITY				
FITNESS								
1.	45	DAWN SCHOLEY	FITNESS FIRST	ESSEX	8	7	5	20
2.	42	VICKY GALE	SEVENSIDE	GLOUCESTER	7	10	10	27
3.	44	NICOLA ROBINSON HUMPHREYS	ACTIVE LIFE	DARLINGTON	14	14	16	44
4.	43	MANDY GRANT	TRIMWIZE	SOUTHAMPTON	20	20	19	59

FINAL Place	COMPETITORS				ROUND 1	ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
INTERMEDIATES UPTO 80 KG								
1	56	DAVID KITT	PYRAMID	HEREFORD	9	6	6	12
2	51	LUKE BAGSTER	IMAGE & UNIQUE GYM	NORTHAMPTON	11	10	10	20
3	57	ANDREW BISSET			17	18	18	36
4	54	ROB HUGHES	EVOLUTION GYM	CROSS HANDS WALES	18	20	20	40
5	55	JAZZ MIRALLES	G'S GYM	MACCLESFIELD	19	21	21	42
6	49	RUSTUM ALI	EMPORIUM GYM	BIRMINGHAM	31	30	30	60
7	52	AHMED IBRAHIM	GENESIS GYM	WEMBLEY	31	35	X	
8	48	JOSE VITORIANO	GOLD'S GYM	HARROW	40	35	X	
9	53	SPENCER LUCAS	FITNESS FIRST	JERSEY	46	35	X	
10	50	SEAN HAWKEY	HERCULES GYM	COLCHESTER	49	35	X	

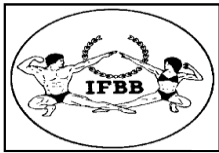
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FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
INTERMEDIATES UPTO 90 KG								
1	68	CEC CLOVIS	TRAINING STATION	LIVERPOOL	7	6	6	12
2	62	JUDAH JACKSON	ATLAS GYM	WOLVERHAMPTON	15	13	13	26
3	66	LEE GREAVES	MAXX Muscle	SUTHERLAND	25	17	17	34
4	60	MOHAMAD HASHEMIAN	BODY LIMITS	ST. ALBANS	23	20	20	40
5	64	RICHARD BENTLEY	HOT BODIES	LEICESTER	18	20	21	41
6	65	JOHNNY MARSH	CHEETAHS	BRIGHTON	26	27	26	53
7	69	CHRIS KNOPP	WINNERS GYM	NOTTINGHAM	27	35	X	
8	67	IRFHAN MALIK	THE GYM	DUNSTABLE	47	35	X	
9	70	GARY WILLMOT	FORT REGENT	JERSEY	49	35	X	
10	61	MARTIN DAVIES	EMPORIUM GYM	BIRMINGHAM	50	35	X	
	63	JAMIN JOHN	CHEETAHS	BRIGHTON	51			
	71	JOHN BANKS	FUTURE PHYSIQUES	WEYMOUTH	52			
	72	PAUL BRINKWORTH	JEFFS GYM	BRIDGEND	54			
FINAL Place	COMPETITORS				ROUND 1	ROUND 2	FINAL ROUND 3	FINAL SCORE 1+2+3
	No.:	NAME	GYM	CITY				
BODYFITNESS								
1.	94	MAXINE COOK	THE GALLERY	WINDSOR	8	7	8	23
2.	83	JANE TINGLE	EVOLUTION	ROCHDALE	16	16	14	46
3.	82	JOANNE GRIFFITHS	POWER HOUSE	SOUTH WALES	19	17	20	56
4	93	SARAH HALLETT	FITNESS STUDIO	SWANSEA	20	20	17	57
5	96	TASHA COPPETT	SOHO GYM	LONDON	24	24	21	69
6	97	VERONICA BARNET	YORKIES	LONDON	41	40	28	109
7	86	CARRIE GEOFFREY	ENERGIZE	MALVERN	43	45		
8	89	LESLEY ROTHERA	CHEETAHS	HOVE	49	47		
9	91	LAYLA DOHERTY	TEMPLE HALL GYM	KIRKCALDY	48	48		
10	92	LYN CARMICHAL	VENICE PHYSIQUE	GLASGOW	51	50		
	87	STAR MONROE	HERCULES GYM	COLCHESTER	53	51		
	81	JOANNE MANN	PYRAMID	HEREFORD	55	51		
	85	KIRSTEN CAMERON	VIRGIN ACTIVE	EDINBURGH	53	52		
	98	CHIARA D'ARCANGELO	YORKIES	LONDON	52	53		
	90	JAN WILLIAMS	BANNATYNS	ESSEX	53	53		
	88	TANYA RODRIQUES	CARREFOUR METRO	CHANNEL ISLANDS	55	55		
	95	SARAH WILSON	THE EMPORIUM	BIRMINGHAM	48	DNC		

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FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
INTERMEDIATES OVER 90 KG								
1.	78	NATHAN DE ASHA	BODY FX	RUNCORN	6	6	6	12
2.	76	SIMON ACKROYD	G'S GYM	MACCLESFIELD	9	9	9	18
3.	75	PETAR TAFKOV	HOOKS GYM	PARK ROYAL	18	18	18	36
4	79	ADAM BERNADOUT	BASEMENT GYM	WATFORD	21	21	21	42
5	77	CHUCKSY OGBONDA	MUSCLEWORKS	BETHNAL GREEN	22	22	22	44

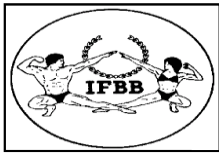
FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
CLASSIC								
1	116	BOBBY KHAN	PANTHERS	COWLEY	5	5	5	10
2	114	HARRY OGG	BODYTONE WAREHOUSE	DUNDEE	13	13	13	26
3	107	STEVE CASTLE	IRON WORX	COLEVILLE	21	14	14	28
4	111	KAMI KALSI	ENTERPRISE H & F	GLASGOW	26	21	20	41
5	118	SEAN FERGUSON	PHYSIQUES+SHAPES	DORCHESTER	23	25	25	50
6	120	ALFIE NODA	FOREST GYM	CRAWLEY	29	27	27	54
7	161	GAZ SMITH	GOLDS GYM	BEDFORD	30	35	x	
8	112	DAVID MARTYN BAKER	MINISTRY OF MUSCLE	AYLESFORD	47	35	x	
9	115	NICK MONTGOMERY	DAVID LLOYD	LINCOLN	49	35	x	
10	103	GAVIN SUTHERLAND	CHEETAHS	BRIGHTON	50	35	x	
	101	DEAN RUSSN	EMPORIUM	BIRMINGHAM	51			
	102	WILL HOLLAND	FITNESS CENTRE	NUNEATON	55			
	104	JONATHAN GAMMON	POWER SHACK	PEMBROKESHIRE	55			
	105	JAMES GORACY	PHYSIQUES+SHAPES	WEYMOUTH	55			
	106	PAUL TODD	GALLERY	WINDSOR	55			
	108	JASON HARDING	PHYSIQUES+SHAPES	DORCHESTER	55			
	109	RUSSELL SMITH	IRON WORX	KINGS NORTON	55			
	110	JAMIE SMITH	SOHO GYM	CLAPHAM	55			
	113	DAN EVANS	PEAK PHYSIQUE	CARDIFF	55			
	117	LUCAS MATUSU	HOT BODY GYM	LEICESTER	55			
	119	SIMON BURDETT	PHYSIQUES+SHAPES	DORCHESTER	55			

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FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MEN 70 KG								
1	128	LEE WILLIAMS	MONSTERS	CHESTER	5	5	5	10
2	126	BRANDON MARJORAM	BODY SHAPERS	KETTERING	10	10	10	20
3	124	DARREN CLARK	ATLAS GYM	WOLVERHAMPTON	16	16	18	34
4	125	KIT SEA YONG	BODYWORKS	PETERBOROUGH	29*	24	23	47*
5	132	DARREN STEWART	MUSCLE HEALTH&FIT.	TIPTON	29*	24	23	47*
6	127	SWORD ALMASHAN	HOOKS GYM	ARK ROYAL	24	26	22	48
7	123	HASAN MAKANSI	EMPORIUM	BIRMINGHAM	29*	35	x	
8	129	MARK DEAN	CHEETAHS	HOVE	42	35	x	
9	130	LEE BLYTH	MORGANS POWERHOUSE	NEWCASTLE	43	35	x	
10	131	ALI ALI	BODYWORKS	LONDON	50	35	x	

* Tie in the Final Score is broken using the Relative Placement Method in round 2

FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MEN UPTO 80 KG								
1.	144	NANA MANU	WORKHOUSE GYM	HEMSWORTH	9	10	7	17
2.	150	TONY BAILEY	EMPORIUM	WOLVERHAMPTON	9	9	10	19
3	143	STEPHEN GRAHAM	SAM'S GYM	N.IRELAND	17	16	16	32
4	136	LINDSAY BRUCE	PYRAMID	HEREFORD	16	18	18	36
5	148	CLIFF BENTON	MUSCLE MANIA	TILBURY	31	25	25	50
6	149	DWAINE CREESE			39	29	30	59
7	139	WAYNE ROBINSON	MORGANS POWERHOUSE	GATESHEAD	42	35	X	
8	137	RICHARDO CORREIA	ULTRA BODIES	PETERBOROUGH	43	35	X	
9	138	PAUL BOOTH	EVOLUTION	ROCHDALE	46	35	X	
10	147	CARL McVITTIE	BODYTECH GYM	CARLISLE	48	35	X	
	152	LEE CALLAGHAN	DAVE'S GYM	METHYR TYDAL	48			
	141	MICHAEL HEHIR	DW FITNESS	MACCLESFIELD	52			
	153	GREGG BROWN			53			
	145	JOHN CLARKE	MINISTRY OF MUSCLE	AYLESFORD	54			
	135	JAMES GUTTERIDGE	BODY LIMITS	ST. ALBANS	55			
	140	GLEN CASEY	EMPORIUM	BIRMINGHAM	55			
	142	JOEL WRIGHT	UNIQUE PHYSIQUE	LEICESTER	55			
	146	ADRIAN BIRCHALL	POWERHOUSE GYM	WHITEHAVEN	55			
	151	ADAM ALLCOTT	SAXON GYM	WOLVERHAMPTON	55			

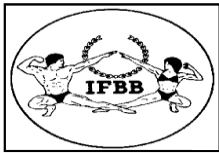
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FINAL Place	COMPETITORS				FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY			
WOMEN UPTO 55 KG							
1.	156	TAMAZIN DAWKS	POWERHOUSE	STOKE ON TRENT	5	5	10
2.	155	TRACEY KIELY	FLEX LIFESTYLE	UXBRIDGE	10	10	20
3.	157	NICOLA GILBERT	HOT BODIES	LEICESTER	15	15	30

FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MEN'S UPTO 90 KG								
1.	165	SHAUN JOSEPH TAVENIER	GENESIS	LONDON	5	5	5	10
2	172	DEAN LESIAK	IRONWORKS	KINGS NORTON	10	10	10	20
3	170	JON GRIFFITH	PEAK PHYSIQUE	CARDIFF	15	15	15	30
4	168	DOUG KELLY	METROFLEX	SOUTH EAST LONDON	22	22	22	44
5	163	SIMON FAN	TEMPLE GYM	BIRMINGHAM	24	24	24	48
6	171	DARREN NICHOLHURST	BODY LIMITS	ST. ALBANS	30	29	29	58
7	167	EDWIN NARNOR	BODYPOWER	LIVERPOOL	31	35	X	
8	169	MATT GODFREY	ENERGIZE	MALVERN	42	35	X	
9	164	WILLIAM SIDDALL	PHYSICAL SCULPTURE	SHROPSHIRE	44	35	X	
10	162	JOSEPH ESAADI	FOREST GYM	CRAWLEY	50	35	X	
	173	MARK TAYLOR	UNIQUE PHYSIQUE	FIFE SCOTLAND	52			
	160	KAROL PAKULA	MUSCLEWORKS	LONDON	55			
	174	LUCAS QUEIROS	KINGS GYM	LONDON	55			

FINAL Place	COMPETITORS				FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY			
WOMENS OVER 55 KG							
1.	179	XYLEESE BURFORD	LEGENDS	SOUTHAMPTON	5	5	10
2.	175	ANGELA DAWSON	SKYLINE	LONDON	10	10	20
3.	177	TRACEY ANN KING	YORKIES	LONDON	15	15	30
4.	180	LOUISE BEARD	VIRGIN ACTIVE	MILTON KEYNES	23	22	45
5	178	CAROLINE WILLIAMS	FIRST CLASS	BRIDGEND	23	24	47
6	176	ANGELA WHITFIELD	EMPORIUM	BIRMINGHAM	30	30	60

OVERALL WINNER: XYLEESE BURFORD

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FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MEN'S UPTO 100 KG								
1.	200	PAT WARNER	ALTERED IMAGE	LEEDS	7	7	7	14
2	185	BARNEY DUPLESSIS	IRONWORKS	SWINDON	13	12	14	26
3	194	LEE SPENCER	RIPPED GYM	HARLOW	23	18	17	35
4	166	JAMES SHELMEKDINE	COZMOZ GYM	MANCHESTER	19	19	19	38
5	186	JUSTIN TROLLOPE	PLATENIUM FITNESS CNT	BARGOED	33	24	23	47
6	191	DALTON DIYA	MUSCLEWORKS	LONDON	32	26	26	52
7	190	ROY McLEAN	FITNESS FIRST	EASTBUL	39	35	x	
8	188	MARK ETHERDEN	THE GYM	DUNSTABLE	42	35	x	
9	192	LUKE NICHOLS	FLEXIBILITY GOLDS	BEDFORD	43	35	x	
10	189	WAYNE NIEMIEC	AREA 51	SOUTHAMPTON	48	35	x	
	184	FAMOUS ISIESI	MUSCLEWORKS	LONDON	52			
	197	SERGE CAMERON	MUSCLEWORKS	BETHNAL GREEN	53			
	193	DAVID HANCOX	TRAINING STATION	LIVERPOOL	54			
	183	KEITH NIMO	BODYTEK	CUMBRIA	55			
	187	DONALD HEAVEN	GENESIS	LONDON	55			
	195	PETER LAWSON	EMPORIUM GYM	BIRMINGHAM	55			
	196	JOAQUIM DIOGO	FITNESS FIRST	KINGSLEY	55			
	198	BRADLEY BURROWS	EMPIER SPORTS	BRISTOL	55			
	199	MARK HIGGINS	EMPOREUM	ERDINGTON	55			

FINAL Place	COMPETITORS				ROUND 1	FINAL ROUND 2	FINAL ROUND 3	FINAL SCORE 2+3
	No.:	NAME	GYM	CITY				
MEN'S OVER 100 KG								
1.	207	ZACK KHAN	IRONWORKS GYM	SHEFFIELD	5	5	5	10
2	209	ALVIN SMALL	GARTHA'S GYM	NOTTINGHAM	10	10	10	20
3	211	DARREN BALL	DAZ BALL EXTREME GM	LEICESTER	15	15	15	30
4	213	DEAN McTERNAN	HERCULES GYM	COLCHESTER	22	22	22	44
5	212	PATRICK WILLIAMS	CYRIL'S GYM	NOTTINGHAM	23	24	23	47
6	210	STUART CORE	CORE FITNESS	PLYMOUTH	30	29	30	59
7	206	DAVE TALBOT	METROFLEX	SYDENHAM	34	35	x	
8	214	ROB REINALDO	ULTRA BODIES	PETERBOROUGH	42	35	x	
9	204	NOAH SIBIDI	METROFLEX	SYDENHAM	45	35	x	
10	208	PAVELS TREMASOUS	MUSCLEWORKS	BETHNAL GREEN	48	35	x	
	205	LUIS MOREIRA	JJB GYM	GLASGOW FORT	55			

OVERALL WINNER: ZAK KHAN