

# UKBFF

UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

## **SOUTH COAST AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

### **RESULTS**

Ties in the "Final Score" are broken using the athlete's Final Round score.

#### *JUNIORS BODYBUILDING*

Place	COMPETITORS			rd 2	rd 3	Total	
	No.:	NAME	GYM				
<b>1st</b>	4	GUY CLIFFORD HARDING	BODS EXMOUTH	4	3	<b>7</b>	inv
<b>2nd</b>	1	PATRICK FALVEY	NORTON, ST ALBANS	6	6	<b>12</b>	inv
<b>3rd</b>	5	ARCHIE JAMES WILLIAMS	YORKYS GYM CLAPHAM	8	9	<b>17</b>	inv
	2	THOMAS TAYLOR	VK GYM BOGNOR REGIS	12			
	3	TOM IDE	VK GYM BOGNOR REGIS	15			

5

#### *JUNIORS BIKINI*

Place	COMPETITORS			rd 1	rd 2	total	
	No.:	NAME	GYM				
<b>1st</b>	15	GABRIELLA CARPENTER	NUFFIELD HEALTH SURBITON	7	5	<b>12</b>	inv
<b>2nd</b>	18	SHANNON MACKIE	RIPPED GYM	6	6	<b>12</b>	inv
<b>3rd</b>	16	ANNA RHODES	ILIFE HARPENDEN	9	7	<b>16</b>	inv
	12	OENONE FORBAT	UFIT CARDIFF	11			
	9	ALICIA GARDNER	RHUL GYM EGHAM	14			
	11	PHOEBE HAGAN	SOUTHCOAST GYM WORTHING	18			
	8	JESSICA HEMSON	THE GYM SOUTHAMPTON	21			
	10	JESSICA DUEB	HORIZON LEISURE PORTSMOUTH	21			
	13	LAURA BANKS	SURREY SPORTS PARK GUILDFORD	21			
	14	BETH WILLIAMS	THE GYM GUILDFORD	21			
	17	ERIN BARSTOW	ANYTIME FITNESS GOSPORT	21			
	19	CHARLEY CURTIS	OLYMPIAN GYM HEMEL HEMPSTEAD	21			
	20	SHELLEY DWIGHT	BODYFLEX AYLESBURY	21			

13

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UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

## SOUTH COAST

### AMATEUR CHAMPIONSHIPS

PORTSMOUTH, 24 APRIL 2016

## RESULTS

### JUNIORS MEN;S PHYSIQUE

Place	COMPETITORS			rd 1	rd 2	total	
	No.:	NAME	GYM				
1st	38	BEN WATT	BRISTOL	4	4	8	inv
2nd	40	TOM VESSEY	FITSPACE BOURNEMOUTH	8	8	16	inv
3rd	37	AMIRASHKAN SEYEDI	CHEETAH GYM BRIGHTON	10	7	17	inv
	35	CAMEROON SLAVEN	PANTHERS UXBRIDGE	13			
	29	TOBY RICHARDS	LYDNEY	14			
	22	JACK MATTHEWS	MORGANS GYM TRURO	19			
	23	MARK PRYCE	STUDIO 1 FITNESS ALDERSHOT	21			
	24	JAKOB WHITE	MINISTRY OF FITNESS BRISTOL	21			
	25	SAMUEL BUDD	OLYMPIA GYM HEMEL HEMPSTEAD	21			
	26	JASON CASS	KISS GYM SWINDON	21			
	27	JAMES WHIPP	PHYSIQUE WAREHOUSE MOLSEY	21			
	28	JEONG CHOE	PURE GYM BOURNEMOUTH	21			
	30	JACK PARHAM	VK GYM BOGNOR REGIS	21			
	31	MITCHEL HOSKING	CHINA FLEET COUNTRY CLUB	21			
	32	PEARCE HANLOCK	CHINA FLEET COUNTRY CLUB	21			
	33	SUTHEP CRAIG	PRIMITIVE GYM POOLE	21			
	34	ELLIOT HASOON	PARK CLUB OXFORD	21			
	36	JAKE GORDON	GUILDFORD LIDO	21			
	39	CYRUS CAVEN	PURE GYM BRISTOL	21			

19

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UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

**SOUTH COAST****AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS**

<i>BEGINNERS</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>	<i>GYM</i>				
<b>1st</b>	51	KHYE WOODMAR	UNDERGROUND CRAWLEY	5	3	<b>8</b>	inv
<b>2nd</b>	45	SIMON McCLUSKEY	PLATINUM FITNESS CHEPSTOW	5	6	<b>11</b>	inv
<b>3rd</b>	53	LIAM HOWELL	PURE GYM LEICESTER	9	9	<b>18</b>	inv
	50	CALLAN SWADLING	VK GYM BOGNOR REGNIS	12			
	47	TOMAS JAKAB	THE GYM GROUP GUILDFORD	16			
	52	VYTAUTAS ELMONAS	THE GYM DARTFORD	16			
	44	MIKE JARVIS	FOREST GYM CRAWLEY	20			
	43	BRIAN DLAMINI	RUSH FITNESS AYLSBURY	21			
	46	LORCAN O MURCHU	PURE GYM LONDON	21			
	48	BALRAJ SINGH JHAS	FIT 4 LESS BROMLEY	21			
	49	MITCHELL HORROCKS	INSHAPE GYM ISLE OF WHITE	21			
							11
<i>MASTER MEN'S BODYBUILDING OVER 40 YEARS</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	66	GARY LAW JONES	LEIGH FITNESS HAVANT	5	6	<b>11</b>	inv
<b>2nd</b>	64	SIMON GHESHASH	GOLDS GYM BEDFORD	7	7	<b>14</b>	inv
<b>3rd</b>	57	DAVE MAYS	FOREST GYM CRAWLEY	10	6	<b>16</b>	
	61	CHARLIE BANNIGAN	FLEX APPEAL WHITSTABLE	11			
	67	JIM MURPHY	OAKLEY FITNESS PETTS WOOD	15			
	58	RICHARD WILLIAMS	MUSCLE FURY	19			
	65	CHRIS MOORE	24/7GYM PORTSMOUTH	20			
	59	MARK HUNTINGDON	VK GYM BOGNOR REGIS	21			
	60	DARREN PAYNE	DAVID LLOYD BRIGHTON	21			
	62	ANTHONY LARSON	PAIN & GAIN BARNSTAPLE	21			
	63	FLORIN OLTEANU	ACTIVE HEALTH	21			
							11

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**SOUTH COAST  
AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS****MASTERS BODYBUILDING OVER 50 YEARS****COMPETITORS**

Place	No.:	NAME		rd 1	rd 2	total	
<b>1st</b>	73	MICHAEL WRIGHT	LEIGH FITNESS	3	3	<b>6</b>	inv
<b>2nd</b>	71	JOHN TERRY	HOME GYM CHICHESTER	6	6	<b>12</b>	inv
<b>3rd</b>	70	MICHAEL ZSCHORN	BODY LIMITS ST. ALBANS	9	9	<b>18</b>	inv
	72	COLIN CARE	THE IRON HOUSE UCKFIELD	12			

**MASTERS MEN'S PHYSIQUE****COMPETITORS**

Place	No.:	NAME	GYM	rd 1	rd 2	total	
<b>1st</b>	78	MARK KEMPSHALL	CHEETAHS HOVE	5	3	<b>8</b>	inv
<b>2nd</b>	86	CRAIG RIDGLEY	RIPPED GYM HARLOW	6	6	<b>12</b>	inv
<b>3rd</b>	83	LEMOALEX	KISS GYMS SWINDON	10	8	<b>18</b>	inv
	87	SEAN TWOMEY	OLYMPIA GYM HEMEL HEMPSTEAD	12			
	75	ADAM CEAVER	NUFFIELD TAUNTON	15			
	82	HUW YEARSLEY	QUEST CARDIFF	19			
	79	ROB THURSTON	SOLE FITNESS LEICESTER	20			
	76	JONATHAN WHENMAN	XTREME DANBURY	21			
	77	RODNEY OSAHON	BROMLEY	21			
	80	DARREN ESSEX	PURE GYM BOURNEMOUTH	21			
	81	CAMERON ANDREWS	PURE GYM BOURNEMOUTH	21			
	84	RICHARD TAYLOR	PURE GYM BOURNEMOUTH	21			
	85	ANDY CARFIELD	DW BRISTOL	21			

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**SOUTH COAST  
AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***INTERMEDIATES UP TO 80 KG*

<i>INTERMEDIATES UP TO 80 KG</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	95	BENJAMIN SMITH	ABSOLUTE GYM GRAYS KENT	3	3	<b>6</b>	inv
<b>2nd</b>	92	DANIEL BOWLING	ABSOLUTE GYM LAKESIDE	6	6	<b>12</b>	
<b>3rd</b>	91	GARY CRAIG	HOUSE OF GAIN COLCHESTER	8	9	<b>17</b>	
	94	DAVID HARRIS	BLACKWOOD UNIQUE GWENT	13			
	96	CHARLIE PERRIN	PRIMITIVE POOLE	13			
	90	STEPHEN WELLS	VENUE 360 LUTON	19			
	93	BARTEK DWORNICKI	UNIQUE HEALTH & FITNESS BLACKWOOD	19			

*INTERMEDIATES UP TO 90 KG*

<i>INTERMEDIATES UP TO 90 KG</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	103	GARETH DAVIS	ZONE GYM WATFORD	3	3	<b>6</b>	inv
<b>2nd</b>	104	GARY CONNOLLY	LEIGH FITNESS PORTSMOUTH	6	6	<b>12</b>	inv
<b>3rd</b>	102	KIA KRZYSZKA	DYNAMIX FOLKESTONE	9	9	<b>18</b>	inv
	101	DAVID HARROWER	MUSCLE FURY LITTLE HAMPTON	12			
	100	SIMON THEWTIS	UNDERGROUND PORTSLADE	15			

*INTERMEDIATES OVER 90 KG*

<i>INTERMEDIATES OVER 90 KG</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	111	MATTHEW REYNOLDS	TITANS RAYLEIGH	4	3	<b>7</b>	inv
<b>2nd</b>	110	BEN CHOW	RIPPED GYM BASILDON	5	6	<b>11</b>	
<b>3rd</b>	107	RICHARD KINGSNORTH	SITTINGBOURNE	9	9	<b>18</b>	
	108	JACK CONNOR	24/7 FAREHAM	12			
	109	MARK YOUNG	CHEETAHS GYM, HOVE	14			

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**SOUTH COAST  
AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS****MASTERS BIKINI FITNESS**

<b>MASTERS BIKINI FITNESS</b>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	114	ZULMIRA WOODROW	TOP BODY GYM GORLESTON	4	4	<b>8</b>	inv
<b>2nd</b>	119	SAM DUNCAN-SMITH	PHOENIX ANDOVER	7	7	<b>14</b>	inv
<b>3rd</b>	120	MONIKA KLUWAK-PILKA	HELENSWOOD SPORT ST LEONARDS ON SE	8	7	<b>15</b>	inv
	115	HEIDI JAY	MAJESTIC BOSCOMBE	12			
	121	HAYLEY BUTT	HORIZON GYM HAVANT	15			
	124	DANIELLE BENTLEY	EDDIE ABBEWS GYM	19			
	123	JANINE BLASI	OLYMPIA GYM HEMEL HEMPSTEAD	20			
	116	SALLY JEFFLOCK	KISS GYM SWINDON	21			
	118	CLARE LIVEMORE	RIPPED GYM CANCEY ISLAND	21			
	122	LYNDSEY BRIGHT	VK GYM BOGNOR REGIS	21			
	117	LISA DUFF	VIRGIN ACTIVE DORSET				

11

**MASTERS BODYFITNESS**

<b>MASTERS BODYFITNESS</b>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	128	DEE ROMBOUS	GCRAYFORD WEIGHTS & FITNESS	8	4	<b>12</b>	inv
<b>2nd</b>	133	CAROL TAYLOR	IRON BODIES HOUGHTON REGIS	8	7	<b>15</b>	inv
<b>3rd</b>	129	SANDRA SEAMAN TAYLOR	RIPPED GYM BASILDON	9	7	<b>16</b>	inv
	130	ANGELA DOLAN	CHEETAHS BRIGHTON	9			
	127	DEBORAH GORDON	GUILDFORD LIDO GYM	14			
	132	FAYE BROWNJOHN	BODY ACTIVE GYM SAWBRIDGEWORTH	17			
	131	ANDREA FITZGERALD	DAVID LLOYD HATFIELD & SWINDON	20			

7

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**SOUTH COAST****AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***MEN CLASSIC BBUP TO 178 CM*

<i>MEN CLASSIC BBUP TO 178 CM</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>	<i>GYM</i>				
<i>1st</i>	<b>139</b>	JONATHAN LOFTHOUSE	RIPPED GYM BASILDON	3	3	<b>6</b>	inv
<i>2nd</i>	<b>147</b>	GEORGE PALETA MARCALO	FITNESS FIRST BATH	8	6	<b>14</b>	inv
<i>3rd</i>	<b>138</b>	PAUL JONES	BASINGSTOKE SPORT CENTRE	7	9	<b>16</b>	
	<b>146</b>	MARTINS LAKSEVICS	CHEETAHS GYM BRIGHTON	13			
	<b>143</b>	PAULUS BERZINSKAS	IRON WOLF LEEDS	16			
	<b>140</b>	AARRON WELLS	UNDERGROUND BRIGHTON	19			
	<b>135</b>	JASON JAMES	DAVID LLOYD	20			
	<b>145</b>	LUKE LOCK	TROJAN FITNESS BRISTOL	20			
	<b>136</b>	KALAM GRACE	THE FITNESS HUB PORTISHEAD	21			
	<b>137</b>	THOMAS FEARN	BODY LIMITS ST.ALBANS	21			
	<b>144</b>	CLINT PARSONS	G-L-FITNESS HAILSHAM	21			
	<b>148</b>	PHIL PONTING	HORNDEAN	21			
	<b>149</b>	SHAUN SCAMMELL	THE FITNESS HUB PORTISHEAD	21			

13

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UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

**SOUTH COAST****AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS**

<i>BODYFITNESS</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	<b>158</b>	LAUREN LEVINE	DAVES GYM NORTHWICH	3	3	<b>6</b>	inv
<b>2nd</b>	<b>152</b>	NAOMI LINEHAM	FITNESS FIRST CHELTENHAM	6	6	<b>12</b>	inv
<b>3rd</b>	<b>154</b>	MARIA ZABINSKA	MAJESTIC GYM BOURNEMOUTH	10	9	<b>19</b>	inv
	<b>153</b>	ANCA POPA	MAJESTIC GYM BOURNEMOUTH	12			
	<b>160</b>	REBECCA SELBY	RAW INSTINCT HASTINGS	17			
	<b>156</b>	KAMILA KAWECKA	ANYTIME FITNESS READING	18			
	<b>159</b>	GRACE MULLINGS	THE GYM BRIGHTON	20			
	<b>155</b>	NADINE BLACKETT	MUSCLE MANIA EASTHAM	21			
	<b>157</b>	FIGEN SAHIN	MUSCLE MANIA EASTHAM	21			
	<b>161</b>	NATASHA VASSILJEVA	REPS AND SETS GRAVESEND	21			

10



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## **SOUTH COAST AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

### **RESULTS**

#### BODYBUILDING UPTO 70 KG

COMPETITORS						
Place	No.:	NAME		rd 1	rd 2	total
1st	166	LEE FALCINI	PRO STRENGTH AND FITNESS	4	4	8
2nd	167	BEN MARTIN	AVERAGE JOE'S GYM NAZEING	5	5	10
3rd	168	MARCUS WARNER	LEGACY PONTYPOOL	9	9	18
	165	DARREN ANTOINE	PEAK FITNESS DAGENHAM	12		
	169	RAJIV TANNA	VIRGIN ACTIVE NORTHWOOD	15		

5

#### BODYBUILDING UPTO 80KG

COMPETITORS						
Place	No.:	NAME		rd 1	rd 2	total
1st	172	JAMES KENNEDY	24/7 FITNESS FAREHAM	5	5	10
2nd	177	DAVE NEILL	FRATTON GYM PORTSMOUTH	6	6	12
3rd	178	LEON LIZZY	GL FITNESS HAILSHAM	7	7	14
	173	ANDY MILLER	CHEETAHS GYM BRIGHTON	13		
	171	JOE BOND	CRAYFORD WEIGHTS & FITNESS	14		
	174	ADAM RHYS DAVIES	ANYTIME FITNESS BRISTOL	18		
	175	MYLES FERRIER	TROJAN BRISTOL	21		
	176	JOHN PARSONS	ACTIVE 4 LESS HAVANT	21		

8

#### BODYBUILDING UPTO 90KG

COMPETITORS						
Place	No.:	NAME		rd 1	rd 2	total
1st	180	COLIN LUBY	UNIQUE BODIES, OXFORD			

1

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## **SOUTH COAST AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

### **RESULTS**

#### BODYBUILDING UPTO 100KG

COMPETITORS							rd 1	rd 2	total	
Place	No.:	NAME								
1st	181	VJACESLAVS KLIMANOV'S	PURE GYM READING	5	4	9	inv			
2nd	184	DENIS DORONIN	CRAYFORD WEIGHTS & FITNESS	9	9	18	inv			
3rd	182	RICHARD MUNDAY	PLATINUM GYM NEWHAVEN	12	12	24				

\*\*\* Please note: All athletes have moved up 1 place

3

#### BODYBUILDING OVER 100KG

COMPETITORS							rd 1	rd 2	total	
Place	No.:	NAME								
1st	185	WOJCIECH FRANKOWSKI	SPARTA GYM COVENTRY				inv			
1st	183	JOSH LAW***	PROSTRENGTH & FITNESS SWINDON				inv			

\*\*\* Please note: Josh Law was put in the wrong class, but will retain his 1st place and invite

2

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**SOUTH COAST  
AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***BIKINI FITNESS -163*

COMPETITORS						
Place	No.:	NAME	GYM	rd 1	rd 2	total
1st	204	NATALIE LEWIS	ANYTIME FITNESS BRISTOL	7	4	11
2nd	200	AGNES LAGARE	BASINGSTOKE SPORT CENTRE	6	6	12
3rd	202	AROONSRI ADDIS	CHEETAHS HOVE	9	7	16
	205	LIVIA MELO	EQUINOX LONDON	10		
	188	ROSSANA CAROZZO	ULTIMATE PERFORMANCE LONDON	15		
	190	KIRSTY SMITH	DLC DARTMOUTH	20		
	195	LEANNE WALKER	CLIFFORDS LONG EATON	20		
	206	JAYNE BRADLEY	MUSCLE & FITNESS QUARRY BANK	20		
	189	VICTORIA HAZELL-PIERCE	PURE GYM POOLE	21		
	191	TARA HALL	BANNATYNE NORWICH	21		
	192	MAYA ROUPHAEL	DAVID LLOYD BRIGHTON	21		
	193	JO KNIGHT	SILVERMERE GYM COBHAM	21		
	194	JENNIFER MAYER	VK GYM BOGNOR REGIS	21		
	196	LAURA-JANE MICHALCZYK	ALTON SPORTS CENTRE	21		
	197	PAVLA MACHOVA	GYMBOX LONDON	21		
	198	RUTH SOLLY	SILVERMERE GYM COBHAM	21		
	199	ELEANOR HARDHAM	PURE GYM PORTSMOUTH	21		
	201	SYLWIA KWIATKOWSKA	ANDOVER LEISURE GYM	21		
	203	MARINA MUNRO	FITNESS FIRST SHEPARDS BUSH	21		
	207	VICTORIA LEWIS	CAFFREY'S GYM ANDOVER	21		

inv  
inv  
inv

20



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UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

**SOUTH COAST****AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***MEN'S PHYSIQUE UP TO & INCL 174 CM*

<i>MEN'S PHYSIQUE UP TO &amp; INCL 174 CM</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>	<i>GYM</i>				
<b>1st</b>	<b>246</b>	CHRIS HUCKER	PURE GYM BRISTOL	4	3	<b>7</b>	inv
<b>2nd</b>	<b>236</b>	ROSS BALDWIN	24/7 FITNESS PORTSMOUTH	8	6	<b>14</b>	inv
<b>3rd</b>	<b>241</b>	C.A. LINEHAM	FITNESS FIRST CHELTENHAM	10	8	<b>18</b>	inv
	<b>244</b>	OMAR SAGIENT	BUZZ GYM READING	11			
	<b>239</b>	BEHRUZ BADR-SAFDARI	DAVID LLOYD WEYBRIDGE	14			
	<b>245</b>	SCOTT SEAL	PRO GYM LAUNCESTON	18			
	<b>235</b>	COLIN MARSHALL	THE GYM MOLESEY	21			
	<b>237</b>	CLINTON MAKUD	ANYTIME GYM READING	21			
	<b>238</b>	AARON McCORMACK	BEEF & BABES LONDON	21			
	<b>240</b>	EDUARD NAMOEV	FITSPACE BOURNEMOUTH	21			
	<b>242</b>	LOUIS RICHARDS	BULLDOG S & c HIGH WYCOMBE	21			
	<b>243</b>	NIGEL BATTEN	EVOLUTION ALRESFORD	21			
	<b>247</b>	MARK COLWILL	PRO GYM LAUNCESTON	21			

13

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UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

**SOUTH COAST****AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***MEN'S PHYSIQUE UPTO & INCL 178 CM*

<i>MEN'S PHYSIQUE UPTO &amp; INCL 178 CM</i>							
<b>COMPETITORS</b>				<i>rd 1</i>	<i>rd 2</i>	<i>total</i>	
<i>Place</i>	<i>No.:</i>	<i>NAME</i>					
<b>1st</b>	<b>251</b>	ANDY WARD	EQUINOX LONDON	4	4	<b>8</b>	inv
<b>2nd</b>	<b>265</b>	BRUNO CASTRO	THE GYM GROUP LONDON	6	5	<b>11</b>	inv
<b>3rd</b>	<b>257</b>	CSABA VARGA	THE GYM DARTFORD	8	9	<b>17</b>	inv
	<b>263</b>	KLYNTON DYER	PURE GYM BOURNEMOUTH	12			
	<b>262</b>	CHARLES DAVIS	REEBOK SPORTS CLUB LONDON	15			
	<b>250</b>	KIERRAN BONNER	PURE GYM POOLE	20			
	<b>261</b>	TOMASZ BIERLA	RIPPED GYM BASILDON	20			
	<b>252</b>	DANIELE BALASCO	PURE GYM BRISTOL	21			
	<b>253</b>	LLOYD JACKSON	LEGACY PONTYPOOL	21			
	<b>255</b>	ZOLTAN SZIGETI	PURE GYM STAINES	21			
	<b>256</b>	RADOVAN HORVATH	SURBITON	21			
	<b>258</b>	ADAM BOYD-BROWN	HAVANT LEISURE PORTSMOUTH	21			
	<b>259</b>	ANDREW OSBORNE	THE FITNESS HUB PORTISHEAD	21			
	<b>260</b>	PEYMAN EZZATIKHORSANY	VIRGIN ACTIVE OXFORD	21			
	<b>264</b>	DEN YATES	STOURBRIDGE	21			
	<b>266</b>	MICHAL STANISLAWSKI	EAST GRINSTEAD	21			
	<b>267</b>	STEVEN POWELL	PORTHCAWL HEALTH & FITNESS	21			

**UKBFF**

UNITED KINGDOM BODYBUILDING AND FITNESS FEDERATION

**SOUTH COAST  
AMATEUR CHAMPIONSHIPS**

PORTSMOUTH, 24 APRIL 2016

**RESULTS***MENS PHYSIQUE UPTO 182 CM*

<b>COMPETITORS</b>						
Place	No.:	NAME	GYM	rd 1	rd 2	total
1st	272	JASON THOMPSON	PULSE 8 READING	4	4	8
2nd	278	SHARIEF ADRISSI	OLYMPIAN GYM HEMEL HEMPSTEAD	6	6	12
3rd	271	NATHAN BLAKE	EMPORIUM BIRMINGHAM	10	9	19
	274	NICK CRAVERO	CURTIS & STAUB GYM CAMBERLEY	13		
	276	CHRISTIAN BRYDON	PLATINUM FITNESS NEWHAVEN	15		
	275	STEVEN WILLIAMS	ONE 2 ONE GYM, CAERPHILLY	16		
	270	LUKE HANDS	GOLDS GYM LONDON	21		
	273	ADAM DAVEY	SPIKES GYM NEWQUAY	21		
	277	JACK WILLIAMS	PURE GYM PORTSMOUTH	21		

*MENS PHYSIQUE OVER 182 CM*

<b>COMPETITORS</b>						
Place	No.:	NAME	GYM	rd 1	rd 2	total
1st	283	ROSS DICKERSON	PHYSIQUE WAREHOUSE MOLSEY	3	3	6
2nd	285	KEITH TURNER	GYMBOX LONDON	6	6	12
3rd	282	JOE HEWITT	CRAYFORD WEIGHTS & FITNESS	10	9	19
	288	NICK DACRES	NRG WATFORD	12		
	281	DJ STANWAY	FITNESS FIRST IPSWICH	14		
	284	CATALIN RACOREANU	FITNESS FIRST POOLE	18		
	286	DAMIAN REED	HELENSWOOD SPORT CENTRE THE RIDGE	21		
	287	JUSTIN RERLEY	BOURNEMOUTH	21		
	289	PETR MACH	PURE GYM BOURNEMOUTH	21		
	290	SHAUN SMITH	MAJESTIC BOURNEMOUTH	21		
	291	NATHAN FRY	BEEFS & BABES GYM	21		
	292	IGNAS GERYBA	FLEX APPEAL TANKERTON	21		

inv

inv

inv

9

inv

inv

inv

12

235