



LONDON & SOUTHWEST CHAMPIONSHIPS 2012

**FINAL RESULTS**

Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>JUNIORS</i>							
<b>1ST</b>	8	JAMES HOLLINGSHEAD	FX POWERGYM, CROYDON	3	3	3	<b>9</b>
<b>2ND</b>	10	SAM STONE	PHYSIQUE WAREHOUSE, W. MOLESEY	6	6	6	<b>18</b>
<b>3RD</b>	9	ANDREW PEDDER	PHYSIQUE WAREHOUSE, W. MOLESEY	9	10	9	<b>28</b>
	13	DAVID SPELMAN	PARIS GYM, LONDON	13	11		
	12	ALVIN SOOSAY	GOLDS GYM, HARROW	16	16		
	11	SOUPHIANE BOUDRIFA	GYMBOX, WESTFIELD	16	17		
	5	JAMIE YATES	SOUTHBURY, ENFIELD	18	18		
	6	AHMED RAJA	FITNESS FIRST, LONDON	18	18		
	7	MATTHEW HOW	EVOLVE FITNESS CENTRE, WOKING	18	18		
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>BIKINI</i>							
<b>1ST</b>	17	AMY DAVIS	FITNESS FARM, BERKLEY HEATH	3			<b>3</b>
<b>2ND</b>	19	ROMA RUDEWICZ	AQUATERRA LEISURE, LONDON	6			<b>6</b>
<b>3RD</b>	16	CLAIRE BASELEY	DAVID LLOYD, HIGH WYCOMBE	9			<b>9</b>
	18	JANE LOWIS	FITNESS FIRST, STEVENAGE	12			<b>12</b>
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>BEGINNERS</i>							
<b>1ST</b>	23	KIERAN TOMPKINS	CRAYFORD WEIGHT & FITNESS	3	3	3	<b>9</b>
<b>2ND</b>	22	SHAUNE HOLLISS	ROCHESTER HEALTH & FITNESS	6	6	7	<b>19</b>
<b>3RD</b>	21	MOHAMMAD MAHMOOD	RAW FITNESS, LONDON	9	9	8	<b>26</b>
	24	JAMES BORNE	PANTHERS GYM, UXBRIDGE	12	13		
	25	HAMID REZA BAKHSHI		15	14		
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>MASTERS OVER 40 YRS</i>							
<b>1ST</b>	41	STEVE AVERY	MUSCLE EFFECTS, CROYDON	3	3	3	<b>9</b>
<b>2ND</b>	27	SAF MAJID	FORT GALAXY GYM, ILFORD	7	7	7	<b>21</b>
<b>3RD</b>	30	NIGEL THOMPSON	ATLAS GYM, WOLVERTON	8	8	8	<b>24</b>
	29	KEITH DELAZZARI	PEAK PHYSIQUE, BRISTOL	13	13		
	28	EKREM BAYHAM	WOKING FREEDOM GYM, WOKING	18	18		
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>MASTERS OVER 50 YRS</i>							
<b>1ST</b>	43	ABBAS SAMUR	LEGENDS GYM, LONDON	3	3	3	<b>9</b>
<b>2ND</b>	42	BARRY BOND	FRATTON GYM, PORTSMOUTH	6	6	6	<b>18</b>
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<i>FITNESS</i>							
<b>1ST</b>		EMMA PAVELEY		3	5		<b>8</b>
<b>2ND</b>		LINDA SOUTHWICK	WINDSOR LEISURE CENTRE, WINDSOR	6	4		<b>10</b>
<b>3RD</b>							



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Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>INTERMEDIATES UPTO 80 KG</b>							
<b>1ST</b>	47	SZABOLCS FYZESY	RIPPED GYM, HARLOW	3	3	3	<b>9</b>
<b>2ND</b>	51	JASON BROWETT	PINKS GYM, LONDON	6	6	6	<b>18</b>
<b>3RD</b>	48	MARK BURLES	BODYZONE GYM, BRACKNELL	9	9	9	<b>27</b>
	49	JEFF McDONALD	MUSCLEWORKS GYM, LONDON	12	12		
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>INTERMEDIATES UPTO 90 KG</b>							
<b>1ST</b>	58	DANNY EAMES	SAMSON'S GYM, EASTLEIGH	4	3	3	<b>10</b>
<b>2ND</b>	56	STEVEN SCOTT	ACTIV8 GYM, SLOUGH	5	6	6	<b>17</b>
<b>3RD</b>	57	LEVI GREENING	FORGE GYM, SLOUGH	10	9	9	<b>28</b>
	53	SCOTT GINGER	ABBEWS OLYMPIAN, HEMEL HEMPSTEAD	11	12		
	54	STEFAN MOLNAR	GYM EXTREME, WORTHING	15	15		
	55	LUCAS QUEIROZ	KINGS GYM, LONDON	18	18		
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>INTERMEDIATES OVER 90 KG</b>							
<b>1ST</b>	62	ARTHUR DENKIEWICZ	PUMPING IRON/ZONE/MUSCLEWORK	3	3	3	<b>9</b>
<b>2ND</b>	61	RICHARD WILLIAMS	BULKS GYM, DEERING WAY	6	6	6	<b>18</b>
<b>3RD</b>	60	SALIH OZGUR	LEGENDS GYM, LONDON	9	9	9	<b>27</b>
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>BODYFITNESS</b>							
<b>1ST</b>	64	KIRSTY WOOLFORD	FORGE, SLOUGH/ FITNESS STUDIO	7	5		<b>12</b>
<b>2ND</b>	65	RUTA BUNKUTE	TEMPLE GYM, BIRMINGHAM	6	6		<b>12</b>
<b>3RD</b>	67	ALINA ANDREWS	VIRGIN ACTIVE, DORSET	8	10		<b>18</b>
	69	MAGDA LIPINSKA	VIRGIN ACTIVE, EALING	11	12		<b>23</b>
	70	SU FARRELL	THE THIRD SPACE, LONDON	12	12		<b>24</b>
	68	DANA NERIMOVA	FITNESS FIRST, ISLINGTON	18	18		<b>36</b>
	66	NATASH VASSILJENA	GOLDS GYM, DAGENHAM	18			
Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>CLASSIC BODYBUILDING</b>							
<b>1ST</b>	80	PIOTR JABIOSKI	MUSCLEWORKS GYM, LONDON	3	3	3	<b>9</b>
<b>2ND</b>	77	NELSON LOPES	MUSCLEWORKS GYM, LONDON	7	7	6	<b>20</b>
<b>3RD</b>	72	ROBERT WHITEFIELD	TITANIUM GYM, SOUTH WOODFORD	9	10	9	<b>28</b>
	79	NABIL ATHMAN	PANTHERS GYM, UXBRIDGE	15	15		
	78	ROCKY CEPLAK	MUSCLEWORKS GYM, LONDON	16	16		
	73	ISHFAQ KHAWAJA	BODYFLEX, BRADFORD	18	18		
	74	CHRIS MANION	FLEX & TONE GYM, SALFORD	18	18		
	75	ASHRAF IKHLAR	GYMBOX, WESTFIELD	18	18		
	76	VITOR FAIANTE	MUSCLEWORKS GYM, LONDON	18	18		
	81	OLLIE MATTHEWS	CARE FOR HEALTH, NORWICH	18	18		



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Place	No.:	NAME	GYM	RND 1	RND 2	RND 3	SCORE
<b>MEN 70 KG</b>							
<b>1ST</b>	84	SWORD ALMASHANI	GENESIS GYM, WEMBLEY	3	3	3	<b>9</b>
<b>2ND</b>	83	TRISTAN WATKINS	FITNESS FARM, GLOUCESTER	6	6	6	<b>18</b>
<b>MEN 80 KG</b>							
<b>1ST</b>	86	OSMAN ZEBEKOV	MUSCLEWORKS GYM, LONDON	3	3	3	<b>9</b>
<b>2ND</b>	85	ASH SOUDA	ARCHERS, MIDDLESEX	6	7	6	<b>19</b>
<b>3RD</b>	50	MARK PUGH	ATLAS GYM, MILTON KEYNES	9	8	9	<b>26</b>
<b>MEN'S UPTO 100 KG</b>							
<b>1ST</b>	90	DAN JUMAA	GENESIS GYM, LONDON	3	3	3	<b>9</b>
<b>2ND</b>	87	LUCAS DOJKA	GYM ONE / VIRGIN ACTIVE, LUTON	6	6	6	<b>18</b>
<b>3RD</b>	92	ALEKSANDRS VOHMJANINS	MUSCLEWORKS GYM, LONDON	9	9	9	<b>27</b>
	89	WOJCIECH SMAL	HARROW LEISURE CENTRE	12	12		
<b>MEN'S OVER 100 KG</b>							
<b>1ST</b>	93	RICHARD APEADU	ZONE GYM, EDMONTON	3	3	3	<b>9</b>
<b>2ND</b>	94	ROBERT COX	CARE FOR HEALTH, NORWICH	6	6	6	<b>18</b>
<b>3RD</b>	95	DAMIEN MILLER	ABBEWS OLYMPIAN, HEMEL HEMPSTEAD	9	9	9	<b>27</b>
<b>MEN'S OVER 100 KG</b>							
<b>1ST</b>							
<b>2ND</b>							
<b>3RD</b>							